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NEWS WORTH SHARING.

YEP. HIPS STILL HONEST

SHAKIRA TALKS BABY BOY, HIPS AND HER CO-HOSTS

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Will 'shrooms work their magic?

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Dia de los Muertos tradition trumps cartoon corp.

Disney backs off trademarking Latino celebration after ridicule PAGE 11

NO HAIR BANDS

LIVE 88·5 FM

Ottawa Senators left wing Cory Conacher (89) celebrates with teammate Jean-Gabriel Pageau after scoring against the Montreal Canadiens during the first period of Game 5 of their first-round series on Thursday in Montreal.

RYAN REMIORZ/THE CANADIAN PRESS

ARE SENS PESKY? HABSOLUTELY!

Yessss! Sens advance to second round as Anderson shines in 6-1 win over Montreal

Craig Anderson made 33 saves and Cory Conacher scored twice on a shaky Peter Budaj as the Senators downed the Montreal Canadiens 6-1 on Thursday night.

Ottawa won the best-of-seven Eastern Conference quarterfinal 4-1 and will move on to the second round for the first time since 2007, when they reached the Stanley Cup final only to fall to the Anaheim Ducks.

The victory gives Ottawa time to rest up and heal bruises before the conference semifinals begin next week.

Zack Smith, Kyle Turris, Daniel Alfredsson and Erik Condra also scored for Ottawa, who were underdogs as the seventh seed in the East, but were bolstered by the return of top players like defencemen Erik Karlsson and Jared Cowan.

P.K. Subban scored for injury-struck Montreal, which failed to solve Anderson. They scored only nine goals in the series, while their own spotty goaltending allowed 20.

Budaj made 23 saves.

Desperate to stay alive, Montreal stormed out of the gate and Anderson robbed Rene Bourque with the glove on a one-timer in the opening moments. At the other end, Budaj was on the hotseat replacing the injured Carey Price in the Montreal net and the nerves showed early as the Senators scored on their third shot of the night. A generous rebound was left in front for Smith to backhand into an open net only 2:17 into the game. Another puck slipped behind him off a post and Conacher was there to tap it in at 12:26.

Montreal got one back on their first power play with 15 seconds to go in the period, as Subban wired a low point shot to the far corner.

It was as quiet at the 21,273-seat rink as the Senators scored on three straight power-play chances. Alfredsson wristed a shot in at 6:22, Conacher beat Budaj from the left side at 12:27 and Condra poked in a loose puck in the crease at 16:12.

THE CANADIAN PRESS

NEWS 1

Beechwood Avenue

A mangled car sits overturned on a sidewalk on Beechwood Avenue Wednesday.

MARC DESROSIERS/FOR METRO

Driver charged a day after New Edinburgh crash

A 63-year-old man has been charged after a spectacular accident on Beechwood Avenue Wednesday afternoon.

The crash, which happened after a car hit the curb and flipped, smashing into a building and a street lamp, injured three people — the driver, a passenger and a pedestrian.

Joseph Ledo, 63, has been charged with careless driving.

GRAHAM LANKTREE/METRO

New regulations

City to launch education blitz on pool rules

Ottawa City Hall is launching an education blitz to teach pool owners about new rules around pool safety.

New regulations require all pool owners to ensure gates are self-closing and self-latching, and remain locked at all times the pool is not in use.

Pools installed with a permit are grandfathered in, but any new or replacement pools must be compliant with the bylaw. ALEX BOUTILIER/METRO

Thousands take part in March for Life

Protesters wave placards as they participate in the March For Life on Parliament Hill on Thursday.

SEAN KILPATRICK/THE CANADIAN PRESS

Thousands of people gathered on Parliament Hill and marched through downtown Ottawa streets Thursday for the anti-abortion movement's annual March for Life.

The event drew anti-abortion advocates from across the province and the country, with placards and chants to push the government toward reopening the abortion debate.

For Tania Rosario, a Catholic schoolteacher who brought students with her from Cambridge, abortion is not so much a religious question as an ethical one.

"We understand the calling from God to do this, but we believe it's an ethical issue," Rosario said. "Aside from religion, we need to take a stand because we're human beings."

Natalie St-Denis, standing with a smaller counter protest, agreed it's an ethical issue — the religious mother of two, sporting two cross necklaces, said she has a right to choose.

"We have to make our voices heard, as women. We have rights, and we can't go back. We need to look forward," said St-Denis. "It's about choice."

Some anti-abortion protestors expressed appreciation for Langley MP Mark Warawa's attempt to bring forward a motion condemning sex-selective abortion. Organizers of the march criticized Prime Minister Stephen Harper for shutting down debate on the issue.

ALEX BOUTILIER/METRO

Learning to hold court with power of words

Talk that talk.
Speech club gives kids confidence to step up to bullies, launch their career

GRAHAM LANKTREE
graham.lanktree@metronews.ca

With the right turn of phrase, kids can turn a bully's words back on them or gain the confidence to speak up in large crowds, said members of Ottawa's ULearntoTalk Club as they encouraged parents and kids to discover the power of words this Saturday.

"I'm personally a shy person, so when I heard about it, I thought it was a good opportunity for him," said Yaso Ragu, sitting beside her son Sayohn, 11, who has been attending the speaking club for kids for the past three years.

The club runs for eight sessions every two weeks during the school year, Sayohn said, adding that children like him are given topics to talk about in impromptu speeches. There are prepared speeches too that they have two weeks to work on, and a third style where they can tell a story, jokes or riddles.

"At the beginning, you don't like any of the speeches that you do, because you're comparing to the people who are older than you," he said. "You want to finish it off because you're nervous."

Yet the kids are learning lifelong skills, just as if they were playing as a team on the soccer field, said Heidi Lasi, one of the founders of the club. "We've been hearing about improvements in academic performance, focus."

Older kids in the group help younger ones, but instructors show videos of great speeches at the beginning of each session.

"We see an improvement in your shyness level," said Ragu, turning to Sayohn. "He looks in your eyes when he's presenting. This program gives them so much confidence."

Sayohn Ragu, 11, says a local group that helps kids practice leadership skills and public speaking has helped him gain confidence.

GRAHAM LANKTREE/METRO

The ULearntoTalk Club is holding an information session for interested parents and kids May 11 at 1642 Merivale Rd. at 2 p.m.

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OC Transpo. 2012 poll asked about service cuts

OC Transpo polled Ottawa residents last year on whether or not they'd be in favour of reducing service on less busy routes to cut costs.

The question was included in OC Transpo's 2012 Customer Usage and Attitude Survey, a random phone poll conducted by Toronto polling firm Core Strategies in November of last year.

The question, one of 53 in the survey of 1,502 residents, states "some people believe OC Transpo should cut costs by reducing service to less busy bus routes." Others, the question continues, believe service levels should be maintained.

"Which do you believe OC Transpo should do?"

It's not clear who the "some people" in the question refers to. What is clear is the vast majority of respondents, across gender, education, employment and income lines, believe service should be maintained. In total, 72 per cent of respondents said service should be maintained, while 28 per cent believe the transit service should cut costs.

Diane Deans, the chair of Ottawa City Hall's transit commission, said there is no intention to reduce service in the near future.

"OC Transpo is not polling with the thought of reducing routes," said Deans on Thursday. "Because we're going into the LRT construction years, our message to the public is going to be take public transit. So it would be counterintuitive for us to be thinking of cutting routes at this point when we're encouraging more people to use the service."

Deans said the question is a standard one, included every year to judge trends.

The question was not included in a "technical briefing" for journalists and councillors at Ottawa City Hall last month. It was included in the original data set, released to Metro on Monday. ALEX BOUTILIER/METRO

2011 'route optimization'

Route cuts had little impact on ridership

Most respondents to OC Transpo's 2012 customer survey said 2011's "route optimization" exercise had little effect on their commuting habits.

When asked about the September 2011 route cuts, most respondents (78 per cent) said they ride OC Transpo about the same as they did before. A further six per cent said they use the service more, while 15 per cent said they use it less.

That's not to say people were happy about it. Only 14 per cent said the route optimization had a positive impact on them personally, while 22 per cent said the cuts had a negative or very negative effect. Still, the majority (64 per cent) said it had neither a positive impact nor a negative impact on them, personally. METRO

A double-decker OC Transpo bus. SEAN MCKIBBON/METRO

Described by Star Wars creator George Lucas as the "ultimate hero," Darth Vader presents perhaps the starkest study in character, outward image, intention, choices, nature vs. nurture and the question of good and evil. GRAHAM LANKTREE/METRO

Star Wars IRL

Identities exhibition. Interactive setup allows children, and kids at heart, to see items from the classic franchise in real life

GRAHAM LANKTREE
graham.lanktree@metronews.ca

Geeks will be spoiled this weekend as the interactive Star Wars Identities exhibition hits the Canada Aviation and Space Museum Friday before the launch of Ottawa's second annual Comiccon.

But if you forget your Star Wars cosplay costume at home, don't worry, the exhibit is all about adding your own character to the galaxy far, far away.

"We were looking for a new way to mount a Star Wars exhibit that had educational content," said Laela French, collections manager for LucasFilm Ltd., of the show's 10 interactive stations, at which parents and kids alike create their own Star Wars character as they explore more than 200 artifacts, such as models and props from the films, that are used on-screen and as designs.

In addition to the gee-whiz feeling of seeing Han Solo frozen in carbonite, the show's interactive elements have a real-world connection to the science of self and how individuals are shaped by their genes, parents, culture, mentors, friends, "marking events," occupation, personality, values and the choices they make.

All this, of course, is tied back to the question of what made Anakin Skywalker into Sith Lord Darth Vader and why Luke became the hero of the Rebel Alliance.

"It's a great inspirational message, especially for young adults," said French. "It's a message of empowerment. No matter what life throws at you, it's the choices you make."

A childhood fan of the series, Gatineau's Sylvain Caron, who visited with his wife, son and two daughters, 8, 7 and 3, said he enjoyed the take on the series.

"You can build your own psychology from all your culture, family, friends," he said, noting it was hard to decide whether his character would be an Ewok, Wookie or Rodian. "I chose a human from the beginning this time. I'll maybe come back later this summer and try some other choices."

Born around the time of the first Star Wars film, a New Hope in 1977, Caron said watching the films together is a family event.

"All the family are big Star Wars fans. It's all the imagination of the creatures, the worlds. It's great to be in a museum where you can see stuff from the movie!"

For tickets

For schedule and ticket info, visit aviation.technomuses.ca or call 613-991-3053.

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'She sounded down and depressed'

Donna Jones murder trial. Friends tried to stop wedding, convince Jones to get out of bad relationship

Just a few days before she was allegedly scalded by her husband and left to die in the basement of her west Ottawa home, Donna Jones had the joy and happiness sucked out of her and looked "lost and lonely," her brother testified in court Thursday.

In the second day of the trial, Derek Jones faced his brother-in-law, Mark Hutt, who is accused of first-degree murder in the Dec. 6, 2009, death of Donna Jones.

The 33-year-old Carleton University graduate was found in her home with third- and fourth-degree burns to more than 40 per cent of her body, allegedly at the hands of her husband of two years.

The Crown said it took 11 days for her to die after being scalded with boiling water on Nov. 24. Jones also suffered a broken nose, ribs, a swollen face, bruises, and rashes all over her body when police found her.

Derek told a jury that he started to become worried about his sister when she got engaged to Hutt. He said she was buying him expensive things and would see the family less and less as time went on.

One day he got a "frantic" phone call from his sister's coworker who said Donna had been physically abused, he said.

Her concerned friends arranged an intervention in 2007 to convince her to get out of the relationship, kick Hutt out of the house, and stay at a women's shelter. Some of the women were Donna's bridesmaids and threatened to pull themselves out of the bridal party if she didn't take action.

But she denied Hutt was abusive, saying, "It's not as bad as it seems," recalled Derek.

The wedding went on, but Donna had to find new bridesmaids.

The jury also heard about one incident in which Donna had a broken wrist. She told her brother she had slipped on some rocks.

The last time Derek spoke to his sister was by phone on the Monday before her death.

"She sounded down and depressed," he said. "The cheerful, upbeat person I knew wasn't there." The next time he saw his sister was in a casket.

"When the priest said till death do us part, I don't think Donna had that in mind," he said. The trial continues Friday.

JOE LOFARO/METRO

Donna Jones is seen in this wedding-day photo with her husband Mark Hutt, the man now being tried for her alleged murder. POLICE HANDOUT

Derek Jones, seen in this undated photograph with his sister Donna, testified Thursday that his sister's personality changed dramatically after getting engaged to Mark Hutt. POLICE HANDOUT

Ottawa pizza spot. Woman steals whole cash register

Police have released a security video of a woman carrying a cash register out of a pizza joint in a brazen daylight robbery. They are asking for the public's help to track the thief down.

The May 1 incident happened around 12:20 p.m., when a woman walked into the restaurant on the 100 block of Mann Avenue. While an employee was busy, the woman grabbed the cash register and walked out, even as a customer was sitting down eating.

Police say when the employee found out what was happening he chased her outside, but backed off when the woman pulled out a knife.

Police say the register and knife were found a short distance away, in a building on Wiggins Private, and the woman may have dropped the items and left the building before police arrived. There were no injuries.

A woman leaves a pizza joint with a cash register. HANDOUT

The suspect is described as white, 30 to 35, about five-foot six, skinny, with shoulder-length light brown or dirty blond hair. Anyone with information is asked to contact 613-236-1222 ext. 5116 or Crime Stoppers at 613-233-8477.

SEAN MCKIBBON/METRO

Heritage building

Lauzon ordered to hand report to city

Ottawa City Hall says a superior court judge has granted them a court order to force developer Claude Lauzon to turn over a building report for 287 Cumberland Street. Lauzon wants to demolish the building, a former school with designated heritage status, claiming it is unsafe. The city then demanded a copy of a report conducted by a heritage engineer. He and Lauzon refused.

"Lauzon's actions make it clear that he does not wish to apply for a ... permit which would require him to maintain part of the heritage aspects of Cumberland Building, even if this is possible," Justice Robert Smith wrote in the decision.

ALEX BOUTILIER/METRO

Collision

Crash involved lab car with HIV blood

A medical lab car carrying blood products, some infected with HIV, was involved in a crash Thursday afternoon. Emergency workers inspected the containers.

"We checked them over and determined there had been no damage and no leaks," said paramedic spokesman J.P. Trottier. Trottier said paramedics were able to treat the woman while firefighters worked to cut her free. He said the woman had a head injury, but remained conscious throughout the ordeal and was transported to hospital in stable condition.

The crash happened near 3990 Prince of Wales Dr. around 2:15 p.m. METRO

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Pre-Approval Notice

IF YOU PURCHASED NEW BALANCE TONING SHOES YOUR RIGHTS MAY BE AFFECTED BY A PROPOSED CLASS ACTION SETTLEMENT

A proposed class action settlement has been reached involving New Balance Toning Shoes.

WHO IS INCLUDED?

You may be a Class Member if you purchased in Canada the New Balance Toning Shoes listed below from **January 1, 2010 until May 30, 2013.**

TONING SHOES:

Rock&Tone, TrueBalance, Aravon Ria, Aravon Riley and Aravon Quinn

WHAT IS THIS CASE ABOUT?

The lawsuit claims that New Balance made certain misrepresentations regarding the benefits of wearing its Toning Shoes in its marketing and sales. New Balance denies it did anything wrong. The Court did not decide which side was right. Instead, the parties have decided to settle.

WHAT DOES THIS SETTLEMENT PROVIDE?

A maximum Settlement Cap of not more than $155,000 is intended to pay claims to eligible Class Members and the costs of the settlement notice. New Balance is also agreeing to refrain from certain practices and to separately pay attorneys' fees, an award to the Representative Plaintiff and the costs of settlement administration. Full details about the Settlement are on the website www.clg.org.

WHAT TYPE OF COMPENSATION CAN YOU RECEIVE?

New Balance will provide to each individual Class Member that qualifies for Compensation the following:

- For a single pair of Toning Shoes: an amount of $100, without the necessity of proof of purchase.
- For two or more pairs of Toning Shoes: a maximum amount of $200, with proof of purchase required for at least one of the pairs of Toning Shoes.

For each Claimant who submits a valid Claim, New Balance shall provide payment as described above, so long as providing such Compensation does not exceed the Settlement Cap. If providing each Claimant with such Compensation will exceed the Settlement Cap, then in such circumstances each Claimant's Compensation shall be reduced on a pro rata basis.

HOW DO YOU ASK FOR A PAYMENT?

To get money, eligible Class Members must submit a claim form by mail postmarked no later than **November 14, 2013.** Payments could be up to $100 for each pair of Toning Shoes purchased, up to a maximum of $200 for multiple pairs of Toning Shoes, but will vary depending upon the number of Claims submitted by all Class Members and the costs of settlement notice, as specified more fully in the Settlement Agreement.

WHAT ARE YOUR OPTIONS?

If you are a Class Member, you may (1) do nothing; (2) exclude yourself; (3) send in a Claim Form; and/or (4) object to the settlement. If you don't want to be bound by the settlement, you must exclude yourself. However, if you exclude yourself, you can't get a payment, but you can sue New Balance for these claims. If you stay in the Class, you may submit a Claim Form and/or object to the settlement.

WHAT ARE THE IMPORTANT DATES AND DEADLINES?

A motion to approve the Settlement will be heard by the Superior Court of Quebec, 1 Notre Dame Street East, Montréal, Quebec on **June 21, 2013 at 8:40 a.m. in room 2.08.**

If the proposed Settlement is approved, it will be binding on all Class Members except those who timely and properly opt out.

If you wish to opt out, you must no later than **August 19, 2013:** i) complete and submit by mail the Opt Out Form; ii) the Opt Out Form is available on Class Counsel's website at **www.clg.org.** Class Members who want to opt out and who are residents of Quebec must IN ADDITION give notice to the Clerk of the Superior Court of Quebec.

If you wish to object to the proposed settlement, you must send a written notice of objection to Class Counsel and Defence Counsel by no later than **June 11, 2013.** Your written objection should include: (a) your name, address, e-mail address and telephone number; (b) a brief statement of the reasons for your objection; and (c) whether you plan to attend at the hearing in person or through a lawyer, and if by lawyer, the name, address, e-mail address and telephone number of the lawyer. Class Members who do not oppose the proposed settlement need not appear at the settlement approval hearing or take any other action at this time.

WHEN SHOULD I MAKE A CLAIM?

The Claim Form is available on Class Counsel's website at **www.clg.org.** A Claim Form must be postmarked no later than **November 14, 2013.** The Claim form must be sent by mail to: New Balance Settlement Canada c/o Borden Ladner Gervais LLP, attention Marie Gamelin at 1000, de la Gauchetière Street West, Suite 900, Montreal, Quebec, H3B 5H4. There will be no further notice in the newspapers of this Settlement Agreement.

WHEN DO I GET PAID?

Cheques will only begin to be mailed to eligible Class Members for Compensation at the earliest starting on **November 26, 2013,** assuming that the Settlement is approved and that such judgment has become final.

HOW CAN YOU GET MORE INFORMATION?

A complete copy of the Settlement Agreement and detailed information on how to obtain or file a Claim are available on Class Counsel's website at **www.clg.org.** To obtain a paper copy or for other information, please call Class Counsel at the numbers below.

WHO REPRESENTS ME?

The Class Counsel, or law firm representing the petitioner, is the following:

Jeff Orenstein
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613- 627-4894 Ottawa
Email: jorenstein@clg.org
Website: **www.clg.org**

If there is a conflict between the provisions of this Notice and the Settlement Agreement and any of its Schedules, the terms of the Settlement Agreement shall prevail.

This notice has been approved by the Superior Court of Quebec.

Batman gives the thumbs-up outside Ottawa City Hall just before a photo op with the mayor. JOE LOFARO/METRO

To the Bat-Capital!

Some days you just can't get rid of a con. Ottawa Comiccon is back for a second year

JOE LOFARO
joe.lofaro@metronews.ca

The Batmobile rolled into the capital Thursday to ramp up excitement about the second edition of Ottawa Comiccon being held this weekend at the Ernst and Young Centre.

Mayor Jim Watson got to sit in the driver's seat of the famous prop belonging to the dynamic duo. It sat parked in Marion Dewar Plaza during the lunch hour.

Ottawa Comiccon drew more than 20,000 visitors last year over two days, and organizers are expecting even more people to attend this year with an extra day of activities.

Ottawa Comiccon runs Friday through Sunday. There will be autograph opportunities, a game zone and a concert from Buffy the Vampire Slayer's James Marsters.

Tickets start at $20 online.

Guests of honour

- Nathan Fillion from Firefly
- Gillian Anderson from The X-Files
- Felicia Day from the web series The Guild
- Wil Wheaton from Star Trek: The Next Generation
- Burt Ward from the original 1960s TV series Batman

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Magic mushrooms give some depression sufferers high hopes

Potential. Research shows that their active ingredient dampens part of the brain that is overactive in depressed people

KIERON MONKS
Metro World News

Desperate for a fix, David Nutt considered buying magic mushrooms from the street. Restrictions on the drug were making it impossible to conduct clinical trials, and Nutt had no way to secure the mushrooms that are widely available from illegal dealers.

"Fortunately the publicity helped, we are optimistic about the licence and supply now," Nutt, head of neuropsychopharmacology at Imperial College London in the U.K. told Metro.

A treatment 'prospector'

"I'm not saying we will revolutionize depression treatment, but there is a group for whom it will be useful."
U.K. professor David Nutt

No stranger to controversy — Nutt was fired as government adviser for claiming ecstasy is as safe as horse riding — he is set to push the boundaries with the first trial of magic mushrooms to treat depression.

Research has shown that psilocybin, the active ingredient in mushrooms, dampens the brain's anterior cingulate cortex, which is overactive in depression sufferers. Trials will target the most severe cases. "The hypothesis is lasting benefits for people who have not responded to interventions," says Nutt. If the treatment seems radical, the professor argues it is proportionate. "Depression is the largest cause of disability in Europe, and only two-thirds of people get well. The rest are out of work and can't cope — we have to try everything."

Magic mushrooms sit in a fridge in 2005 in London, England. DANIEL BEREHULAK/GETTY IMAGES

But despite a rigorous attachment to evidence, Nutt admits he is fighting a crusade and wants to "tap into a reservoir" of hard drugs in clinical practice. "It's a campaign for the liberation of science — drug laws have censored research in this field for 60 years. I think it's the worst censorship since the Catholic Church stopped Galileo using his telescope."

Psilocybin and other mind-altering drugs are becoming popular solutions to a broad spectrum of mental health issues. A 2012 study found that ecstasy chemical MDMA had a lasting impact on post-traumatic stress disorder. Norwegian academics recently found that LSD improved misuse rates in 59 per cent of alcoholics.

"LSD seems to help people see their problems in a different light, to give new insights into their problems ... and to make a strong resolution to discontinue their drinking," said psychologist Pål Johansen.

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From spacesuits to cowboy boots: Astronaut agrees to lead Stampede

ROBSON FLETCHER
Metro in Calgary

After the idea was raised in a Twitter conversation between Calgary Stampede officials and Chris Hadfield on the International Space Station, the Stampede invited the Canadian astronaut to lead its 2013 parade, and he promptly said yes.

"Calgary in July sounds lovely! Anything worth coming to see that time of year?" the astronaut tweeted Wednesday.

The Stampede replied, "What do you think about sitting in a horse saddle at full gravity?"

Hadfield responded: "I'll be ready to ride anything that stays below 8km a second."

Chris Hadfield MAXIM SHIPENKOV/AP

That prompted Stampede president Bob Thompson to take things a step further. "We would like you to be a big part of our 2013 celebration here in Calgary," Thompson said in a YouTube video posted Thursday. Shortly after noon Mountain Time, Hadfield accepted the invitation.

Freedom 55 Financial and design are trademarks of London Life Insurance Company.

Third man arrested in alleged VIA terror plot

Recruiter? Authorities say Tunisian 'radicalized' a Montreal man who planned to help blow up a cross-border train

A former Canadian resident charged with terrorism offences in the U.S. allegedly radicalized a Montreal man accused of plotting to attack a VIA Rail train, U.S. authorities said Thursday.

Tunisian Ahmed Abassi was charged with fraudulently applying for a visa in order to remain in the U.S. to facilitate an "act of international terrorism."

Two Canadian residents — Raed Jaser of Toronto and Chiheb Esseghaier of Montreal — face terrorism-related charges.

Details of Abassi's arrest and charges were included in a release on Thursday. According to the release, Abassi met with Esseghaier in New York City.

"Esseghaier, who was recently arrested in Canada and is currently incarcerated there on terrorism charges, was previously radicalized by Abassi," the release said.

THE CANADIAN PRESS

Railway security

VIA says it is contemplating whether to ask all of its travellers for ID as it considers ways to buttress security.

- VIA spokesman Jacques Gagnon said, "In the context of what has happened recently, we are looking at this. But I cannot speculate as to what (we) will do."

Castro held on $8M bail

Ariel Castro appears in Cleveland Municipal court Thursday in Cleveland. Castro, accused of raping and kidnapping three women, who were missing for about a decade before being found alive at his home, was ordered held Thursday on $8 million bail. Ariel Castro was charged while his brothers, Pedro and Onil Castro, were held but faced no immediate charges. DAVID DUPREY/THE ASSOCIATED PRESS

Ambassador Bridge. Ban on hazmat trucking could end

Currently, trucks carrying hazardous goods are ferried across the Detroit River. DETROIT NEWS/THE ASSOCIATED PRESS

The Michigan Department of Transportation has recommended lifting a ban on trucking hazardous materials across the Ambassador Bridge that connects the U.S. and Canada, and the idea has prompted concerns on both sides of the border.

The agency is taking public input on the idea until May 27 and any changes likely could take a year before taking effect, The Detroit News reported.

Explosives, radioactive material, flammable liquids and corrosive material currently are banned from the bridge connecting Detroit and Windsor, Ont. They're also banned from the Detroit-Windsor Tunnel.

THE ASSOCIATED PRESS

Forecast

Loonie could hit 90¢ by end of year, new report says

The shine is about the come off the Canadian dollar. TD Bank says in a new forecast the loonie, which has been hovering around parity with the U.S., could hit as low as 90 cents US by the end of the year and early 2014. The loonie has in fact strengthened of late, but the report's authors say that won't last. THE CANADIAN PRESS

Market Minute

DOLLAR
99.26¢ (-0.41¢)

TSX
12,543.90 (-41.15)

OIL
$96.39 US (-23¢)

GOLD
$1,468.60 US (-$5.10)

Natural gas: $3.98 US (no change)
Dow Jones: 15,082.62 (-22.50)

Disney snuffs out Day of Dead trademark request

Patently ridiculous.
The Mouse backs down after Latino activists mock its attempt to appropriate cultural holiday for film

The interior of Masks y Mas, an Albuquerque, N.M., shop that sells Day of the Dead art year round. Disney has said it will withdraw a Dia de los Muertos trademark request amid uproar on social media from Latino activists, writers and artists. Critics said the request was insensitive, and put thousands of businesses making products linked to the day at risk. THE ASSOCIATED PRESS

When Lalo Alcaraz learned this week that Disney was seeking to trademark Dia de los Muertos, the name of the traditional Day of the Dead celebrated by millions in Mexico and the U.S., the cartoonist had an idea.

The trademark was for an animated movie by Disney and Pixar Animation Studios Inc. that is inspired by the holiday.

The Los Angeles-based humorist created a movie poster that quickly went viral of a skeletal Godzilla-sized Mickey Mouse, with the words: "It's coming to trademark your cultura (culture)."

Anger and ridicule expressed on social media largely by Latinos began circulating. On Tuesday, Disney said it was no longer seeking a Dia de los Muertos trademark request because the film's name will change before its release.

"Disney's trademark filing was intended to protect any potential title for our film and related activities," a company statement said. "It has since been determined that the title of the film will change."

Disney has not said that social media responses were responsible for the withdrawn trademark request. The company did not immediately return a phone call from The Associated Press.

Whatever the reason, the episode showed how quickly reactions to even the smallest corporate move can spread online and lead to calls for boycotts.

"It was not social media that started this. It was Disney that started this," said Tom Garrity, head of the Garrity Group, a public-relations firm that advises companies on social media practices.

"Social media only highlighted the deficiencies in Disney's planning and what people saw as cultural insensitivity." THE ASSOCIATED PRESS

Epic hack. Cyber-gang stole $45M, U.S. authorities say

A gang of cyber-criminals stole $45 million US in a matter of hours by hacking their way into a database of prepaid debit cards and then draining cash machines around the globe, U.S. federal prosecutors said Thursday.

Brooklyn U.S. Attorney Loretta Lynch called it "a massive 21st-century bank heist" and compared it to the Lufthansa heist in the late 1970s immortalized in the film Goodfellas. Lynch said the fraudsters had moved with astounding speed to loot financial institutions around the world.

Seven people are under arrest in the U.S. in connection with the case, which prosecutors said involved thousands of thefts from ATMs using bogus magnetic swipe cards.

THE ASSOCIATED PRESS

Airline to test ash-detection technology

A volcano in southern Iceland sends up ash in this April 2010 file photo. The eruption kept much of Europe landbound. THE ASSOCIATED PRESS FILE

A U.K. budget airline will create an artificial volcanic ash cloud over Europe this summer to test ash detection technology. The experiment aims to avoid the kind of chaos that paralyzed the continent's air traffic during eruptions in Iceland three years ago.

Thursday's announcement was made by easyJet, which acquired a ton of ash collected in Iceland by scientists in the months after the 2010 eruptions for its test. Air travel was virtually suspended for days in Europe and millions of passengers were left stranded because of fears the ash cloud could disrupt plane engines.

EasyJet PLC said it is working on developing infrared technology fitted to planes that will feed images of an ash cloud to pilots and control operators on the ground.

THE ASSOCIATED PRESS

Quoted

"We know the (volcanic) activity in Iceland is going to be higher in the next 30, 40 years, and we know there are two volcanoes overdue for eruption. We have got to be more prepared." Ian Davies, easyJet's engineering director

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MOST BEAUTIFUL LIST IS COMPLICATED

THE METRO LIST

Paul Sullivan
metronews.ca

And now from Metro News Central, here's the weekly list of things that make you go … hmmm?

1 **Bye-bye beautiful.** Hello! Magazine Canada is out with its list of 50 Most Beautiful Canadians and a face only Chad Kroeger could love is on the cover. Besides Avril Lavigne, other beauties include Justin Bieber and the Ryans, Reynolds and Gosling. Of course, none of these people actually live in Canada.

2 **Came from away.** Some people actually want to live in Canada. Quite a lot of people, actually. According to the latest census results, released this week, 6.8 million Canadian residents came from someplace else.

3 **The world is a safer place this week.** Cleveland man Ariel Castro was arrested and charged with rape and kidnapping after three women allegedly escaped from his clutches after being held captive for a decade; bad boy and former Italian prime minister Silvio Berlusconi had his four-year sentence for tax evasion upheld; and Hans Lipschis, a guard at Auschwitz from 1941-45, was arrested in Germany this week. Lipschis is 93 years old. Karma is not always instant.

4 **The world is not a safer place this week.** If you've got a commercial 3D printer, 60 bucks worth of plastic and Wi-Fi, you can print your own arsenal. A University of Texas law student is the first to print up a working .38-calibre handgun. He won't be the last.

5 **The world is not a safer place, especially if you're a chicken.** Some kid at the College of Art and Design in Calgary slaughtered a chicken in the school cafeteria recently in an act of "performance art." The kid's instructor was fired, presumably, for not being able to tell the difference between art and life. Some of his students are protesting his dismissal. The chicken was not consulted.

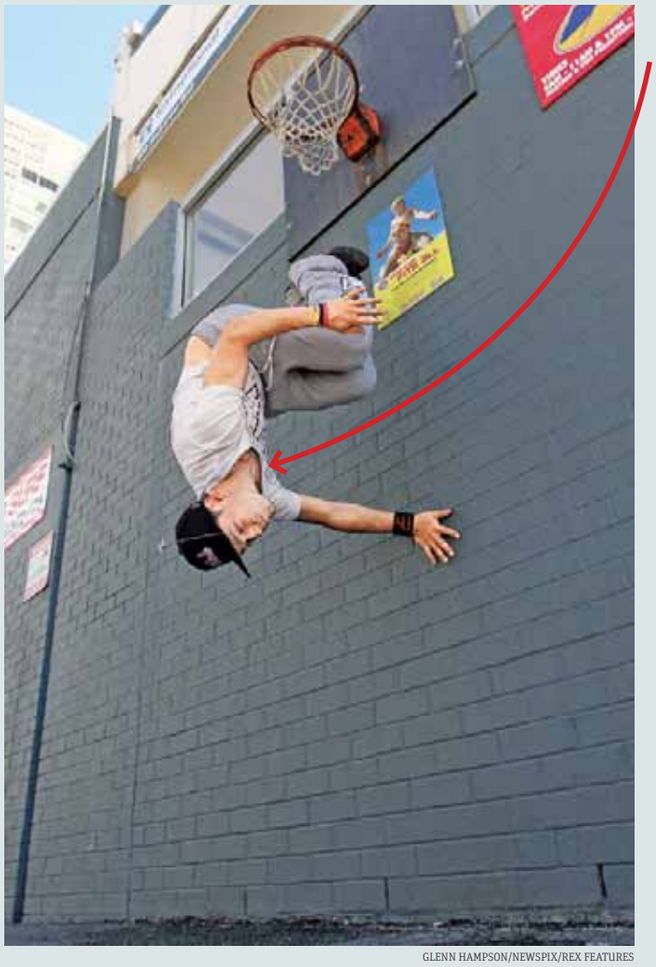
6 **Speaking of life and art.** One of the most popular baby names for girls in 2012 was "Arya," after Arya Stark, a feisty girl character in the fantasy epic Game of Thrones series that has captivated the nerdiverse. Jacob and Sophia were the most popular baby names in 2012. That's AD, not BC, although they were probably pretty hot back then, too.

7 **Hockey Night in Canada continues.** Sadly, not for the Vancouver Canucks, who were swallowed whole by the San Jose Sharks in four straight games. As this is written, the Montreal Canadiens, the Ottawa Senators and even the Toronto Maple Leafs are still in the quest for Lord Stanley's Cup. Well, at least Vancouver still has Lord Stanley's Park, which this week was declared the No. 2 most beautiful city park in the world by Travel + Leisure magazine. No. 1 is Park Güell, designed by the weird and wonderful Antoni Gaudí, in Barcelona. And isn't this where we came in?

Follow The Metro List on Twitter @TheMetroList

ZOOM

Not even gravity can get him down



GLENN HAMPSON/NEWSPIX/REX FEATURES

Daredevil turns into stuntman for Wolverine 2 after YouTube videos

Parkour enthusiast Jesse Turner has gone from cult acclaim to celebrity through being recruited to perform stunts in the upcoming blockbuster Wolverine 2.

The movie producers head-hunted Australian daredevil Turner from his Internet videos, which show his full range of breathtaking and terrifying moves.

METRO

Social-media maven

"I think people just like to get to know you online. Most of my jobs recently have been from videos I've launched on YouTube."

Jesse Turner

YouTube hit

90K

Turner's latest YouTube hit had passed 90,000 views at last count, a record for the stuntman.

The champions of the free-running world

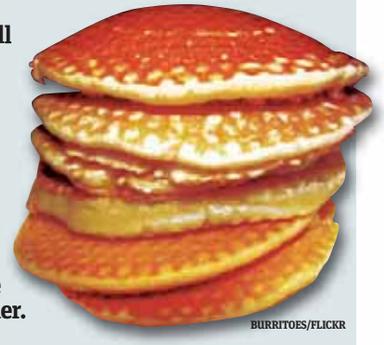
Leading figures from the world of free running:

- **Tim (Livewire) Shieff.** British winner of the World FreeRun Championship, Livewire earned his nickname for audacious moves.
- **Ryan Doyle.** Also a world champion, despite poor eyesight, Doyle specializes in performances at stunning locations such as the ancient city of Petra, Jordan.

Click bait

HANNAH ZITNER
hannah.zitner@metronews.ca

We might not all have the time (or desire) to channel Julia Child at the end of a long work day, but with the help of a few apps, getting dinner together can be a whole lot easier.



BURRITOES/FLICKR

How to Cook Everything

While five bucks may seem pricey for a cooking app, Mark Bittman's How to Cook Everything is a bargain at twice the price. The app not only has the famed New York Times columnist's recipes and how-to pics, but also gives you access to tools like timers and shopping lists.

Dinner Spinner

Wondering what to do with those day-old red peppers and half-can of coconut milk? Input whatever's in your fridge to the free Dinner Spinner app, and voilà! A new meal idea using only what you have on hand.

Ratio

For cooks who hate recipes, Ratio offers guidelines and vague instructions rather than specific directions and ingredients, letting you run wild with creativity in the kitchen.

Big Oven

With a ton of recipes and an interface that's easy to use, Big Oven repeatedly takes home "best cooking/recipe app" awards. Though no signup is needed to access recipes, creating an account lets you scan your mom's old, handwritten recipes, share your favourite meals and have a peek at your friends' recipes, too.

Twitter

@metropicks asked: The latest beauty trend involves having your blood injected into wrinkle-prone areas on the face (Kim did it on Keeping Up With The Kardashians). What's the weirdest trend you've heard of?

@jennieramstad: Human-placenta smoothies.

@maggable: That's easy...Demi Moore and her leech therapy

@JessicaSquibb: In the name of #beauty. Ew

Follow @metropicks and take part in our daily poll.

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metro

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Synopsis

Set in the Jazz Age — early 1920s in New York. Nick Carraway (Tobey Maguire) is working as a stockbroker in the city while living in a wealthy suburban enclave. His neighbour is the enigmatic Jay Gatsby (Leonardo Di Caprio), whose ornate mansion plays host to wild weekend parties. Turns out he isn't the aristocrat he claims to be, but the son of dirt-poor farmers who made a fortune as a bootlegger. Nick soon learns his cousin Daisy (Carey Mulligan) was Gatsby's first love. Gatsby and Daisy try to pick up where they left off, but Gatsby proves unable to control the future as adeptly as he created his past.

- Richard: ●●●●○
- Mark: ●●●●○

The Great Gatsby has plenty to look at, and a Jay-Z soundtrack to boot. HANDOUT

Reel Guys

RICHARD CROUSE AND MARK BRESLIN

Pushing up Daisy

The Great Gatsby. There's plenty of eye candy here, but the real razzle-dazzle is in Carey Mulligan's portrayal of Daisy

Richard: Mark, Baz Luhrmann may be the perfect person to retell Jay Gatsby's Roaring Twenties' story. Equally at home with razzle-dazzle and substance, he captures the tone of the Jazz Age while still allowing the story's deeper resonance to shine through the gloss. It's eye candy, pure and simple, and yet the sense of doom that hangs over the beautiful and damned characters in the story is palpable. Without it this would be just another story about pretty people doing pretty-people things.

Mark: Richard, I approached this movie with some trepidation. Luhrmann is such an overwhelming director, and Fitzgerald's book can be as delicate as chiffon. And for the first half hour, it seemed that the story would be swallowed up in crazed, hallucinogenic fantasias of swirling 3D visuals, not that there's anything wrong with that. It's amazing to watch. But then the movie settled down and captured the beautiful and tragic romance between Gatsby and Daisy, and became profoundly moving. The actors all play their parts well, but I have to say the film belongs to Carey Mulligan. You, Richard?

RC: Absolutely. Daisy is one of Fitzgerald's "bright precious things," a hothouse flower and Mulligan has a face capable of simultaneously showing great happiness and profound sadness, a duality that serves her character well. She effortlessly tosses off shallow lines like, "Your life is adorable," while digging deep to convey Daisy's conflicted nature.

MB: She's exactly as I imagined her when I first read the novel over 40 years ago. I wasn't as sure about DiCaprio at first, but he grew on me. I loved the way Luhrmann took vintage movies of New York in the '20s and colourized them, and then converted them to 3D. There's a scene that takes place on a rooftop patio overlooking Times Square that completely changed the way I imagined Manhattan of the past. But what did you think of the anachronistic score? Did you have an issue with it?

RC: It's probably my least favourite part of the film. I get what Luhrmann was trying to do, but here, unlike Moulin Rouge! it doesn't really work. The Jazz Age Amy Winehouse song is OK, but the Jay-Z tune feels more like an attempt to sell soundtracks than serve the story.

MB: The film is sooooo superior to the 1974 Robert Redford/Mia Farrow version that I will forgive him almost anything. People will come for the visuals, but they'll leave touched by the story. And the clothes.

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MIND THE APP
Kris Abel
@RealKrisAbel
scene@metronews.ca

With Star Trek director JJ Abrams' movie-making app you can convincingly phaser your friends, photon torpedo your car, and have the Enterprise do a realistic fly-by of your house.

Daddy's going to hang today

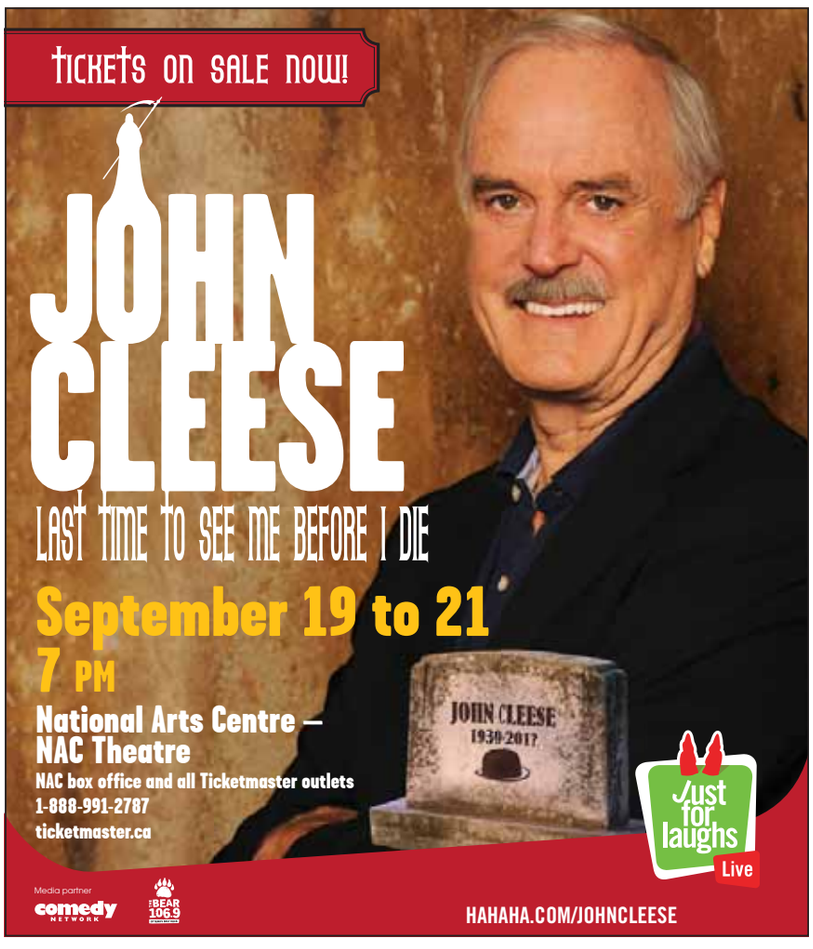
Q&A. Simon Pegg, returning in Star Trek Into Darkness, tells us what his three-year-old daughter thinks he does all day

ROMINA MCGUINNESS
scene@metronews.ca

Simon Pegg in Star Trek Into Darkness. HANDOUT

People who get Star Wars and Star Trek confused — does that infuriate you?
You can't expect everyone to know. It's like when you follow a certain religion and you think everyone celebrates Christmas. They don't!
On to Star Trek Into Darkness. The scene where the spaceship is going all over the place and you and Chris Pine are jumping around and hanging off railings. Is that look on your face genuine terror?
It was more pain. I had to hang from Chris' hand and the harness could only go from my one hip so I was slightly skewed. But no, it was all acting. My three-year-old daughter was on set that day and she assumed that's what my job was. Hanging. She was like, 'Are you going to hang today daddy?'"
Scotty doesn't manage to hold on to the bar and is saved by a much stronger Captain Kirk. Ever been like, man, I really wish I had Chris' body?
You should feel his arms. They're like oak. We'd go to the gym together and it was amazing how the female contingent would start gravitating towards him. Nobody paid me any attention. But no, I was pretty buff at the time!
You guys should have had that chalk you wear in gym class to stop your hands from slipping.
It's not that easy to get on a falling starship…
You and Nick Frost have appeared in Shaun of the Dead, Hot Fuzz and other films together. If you could, what part would you give him in Star Trek?
I'd love him to play Harry Mudd from the original '66 series. But I wouldn't necessarily want him to be in it and I don't think he would want to either. It's not like we have to come as a package.
You don't have a love interest in this movie.
What about my little guy? That's my love interest. The little fellow. We're a unit. We're married.
Your little alien assistant? But you don't even get to kiss it.
I don't kiss it.
But if you could, who would you share a kiss with, Alice Eve or Zoe Saldana?
That's not a choice any man could make. They're both as gorgeous as each other. They come in and everyone is just like WOW.
Your character, Scotty, is Scottish. What's your favourite night cap? And whom would you share it with?
Sparkling water, I don't drink. Probably my wife.

Not a fellow actor? Have you met everyone in Hollywood that you've wanted to meet, as a fan?
I don't think you could ever meet everybody. L.A. is like one of those safari parks where you can walk amongst the animals. You see like, Jeff Goldblum in the supermarket.



No ganja on the USS Enterprise

Into Darkness. Sulu a far cry from pothead Harold, of Harold & Kumar fame

RICHARD CROUSE
scene@metronews.ca

John Cho is best known for playing Harold Lee, the investment banker and pothead from the Harold & Kumar movies. Not exactly the kind of guy you want behind the wheel, but in Star Trek Into Darkness he is Sulu, the senior helmsman of the USS Enterprise.

Harold and Sulu are as different as the fans they attract.

"They're more sober," says the actor of his Star Trek fans. "They call me John Cho. The Harold fans call me Harold.

"Star Trek fans have been wonderful. I've been blown away by the variety — there are fans all over the world. There are fans of many generations and they are thoughtful people. I was fearful of them. People worked me into a frenzy about how the fans might take a dislike to the things I did, but they've been very warm."

Interestingly, he didn't consider himself a Star Trek fan when he signed on to take over for George Takei in J.J. Abrams' 2009 reboot of the series.

"When I was a kid I thought the original series looked goofy because of the velour and all that," he says. "But when I was doing research for the first one I went back and watched them and I realized I had seen them all. I didn't realize how much I had consumed over the years and how much I liked it.

"I think what I liked about it as a kid is that it was overtly intellectual. They had a way of dealing with issues that didn't speak its name. They talked about racism and poverty or whatever, but they perfected these worlds; an almost sterile environment in which you could discuss an issue."

Playing Sulu has earned him some new, unexpected fans.

"I was at Griffith Park Observatory in L.A. with my family and we were going to see the big telescope and it was closed to the public, but there was an astronomer in there who (recognized me) and he said, 'Come on in. I became an astronomer because of Star Trek.'"

John Cho. GETTY IMAGES

As for the future of the series, Cho says, "(I'm) part of something bigger than yourself and it is a special feeling."

"I have a checkered past. I'm known as a stoner," he says. "I'm a father now and I'd be happy to make more of these and have my kids watch them."

The Great Gatsby

"I don't think about expectations. Everything I did in this work, everything we did, the focus was to try and reveal the novel... The novel wasn't set in a period called the 'Minimal Twenties.' It was called the 'Roaring Twenties.' So it had to roar."

Baz Luhrmann on directing the newest adaptation of F. Scott Fitzgerald's The Great Gatsby

Comedy

Peeples

Director. Tina Gordon Chism

Stars. Craig Robinson, Kerry Washington

For all the everyman charm of star Craig Robinson, Peeples is still as derivative as comedies get. Basically a twist on Meet the Parents (and many other films pirating the same premise), Peeples spotlights an undistinguished wannabe-therapist trying to win acceptance from his girlfriend's pompous papa. Hyped-up hijinks may humour some moviegoers (especially if you like kiddy songs about urine) but boilerplate characters are borderline insulting and an uninspired storyline remains mostly forgettable.

STEVE GOW

Drama

Still Mine

Director. Michael McGowan

Stars. Genevieve Bujold and James Cromwell

Good movies about and for older audiences are the new black. Still Mine, shot in northern Ontario and New Brunswick, is one of the best. A woman in her 80's falls down the stairs, prompting her husband to build a safer home on their property with his own hands. Local planners and unsupportive children block him at every turn but his will is boundless. The meat of the story is the 61-year bond between the couple, made achingly real by two gifted veteran actors.

ANNE BRODIE

Documentary

Fight Like Soldiers, Die Like Children

Director. Patrick Reed

Nearly 20 years after witnessing the Rwandan genocide, General Roméo Dallaire is fighting a desperate—and some say impossible—war against the use of child soldiers. The documentary follows Dallaire through Rwanda and the DR Congo as he works to free child soldiers and promote peace. Though very interesting, the doc doesn't delve deeply enough into any of its subjects (Dallaire, the experiences of child soldiers, efforts to combat their use, etc). A tighter focus would make the film all the more powerful.

REGAN REID

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Jumpstart

Canadian Film Institute
2 Daly Ave., Suite 120

Cracking Up (STC) Sat 12
No Films Showing Today (STC) Sun-Thu
Portuguese Language Film Festival (STC) Fri 7-9
The Rivers Run (STC) Sat 12
Three Voices: Discovery, Recovery, Hope (STC) Sat 12

Canadian Museum of nature, 240 McLeod St.

Dinosaur Passage to Pangaea 3D (STC) Sat-Sun 12:50-2:30-3:40 Sat-Sun 12:35-3:05
No Films Showing Today (STC) Fri Mon-Thu
Tornado Alley 3D (STC) Sat-Sun 10:30-1:10 Sat-Sun 11:15-1:50

Coliseum Ottawa
3090 Carling Ave.

The Big Wedding (14A) Fri-Sun 1-3:20-5:40-8-10:20 Mon-Tue 5:10-7:25-9:50 Wed 4:15-9:50
The Croods (G) Fri-Sun 12:10
The Croods 3D (G) Fri-Sun 2:40-5:10-7:45-10:10 Mon-Tue 4:50-7:15-9:40 Wed 4:50-7:15
Go Goa Gone (STC) Fri-Sun 1:20-4:20-7-9:40 Mon-Tue 3:40-6:50-9:30 Wed 3:40-6:50-10:20 Thu 3:40-6:50-9:30
The Great Gatsby (PG) Fri-Sun 12-3:20-6:40-9:50 Mon-Wed 3:30-6:40-9:50 Thu 1:20-3:20-6:40-9:50 Star & Strollers Screening, Thu 1
The Great Gatsby 3D (PG) Fri-Sun 12:45-4-7:15-10:30 Mon-Thu 4-7:15-10:30
Iron Man 3 (PG) Fri-Sun 11:55-12:20-3-3:30-6:10-6:40-9:20-9:50 Mon-Tue 3:25-6-6:30-9:05-9:35 Wed 4:30-5-7:30-8-10:25 Thu 3:25-6-6:30-9:05-9:35 Star & Strollers Screening, Thu 1
Iron Man 3 3D (PG) Fri-Sun 12:50-4-7:10-10:20 Mon-Thu 3:55-7-10 Fri-Sun 1:30-4:35-7:40-10:45 Mon-Tue 4:30-7:30-10:25 Wed 9:30 Thu 1:15-4:30-7:30-10:25 Wed 3:20-6:10
National Theatre Live: This House (STC) Thu 7
Oblivion (PG) Fri-Sun 1:15-4:15-7:20-10:15 Mon-Thu 4:15-7:20-10:10
Pain & Gain (18A) Fri-Sun 1:45-4:45-7:50-10:40 Mon-Wed 4:40-7:40-10:35 Thu 1:10-4-10:35
Rockshow (STC) Wed 7:15
Shootout at Wadala (14A) Fri-Sun 12:30-3:40-6:50-10 Mon-Tue 3:30-6:40-9:55 Wed 3:30-9:55
Star Trek Into Darkness (PG) Thu 6:10-9:20
Star Trek Into Darkness 3D (PG) Wed 9 Thu 3:30-6:40-9:50 Thu 1:10-4:50-8

Empire 7 Cinemas
111 Albert St. 3rd Floor
World Exchange Plaza

The Big Wedding (14A) Fri 2:40-6:50-9:10 Sat-Sun 12:30-3:50-6:50-9:10 Mon 2:40-6:50-9:10 Tue 12:30-3:50-6:50-9:10 Wed 2:50-6:50-9:15
The Company You Keep (PG) Fri 2:15-6:45-9:40 Sat-Sun 12:50-3:40-6:45-9:40 Mon 2:15-6:45-9:40 Tue 12:50-3:40-6:45-9:40 Wed 2:15-6:45-9:40 Thu 2:15-6:45-9:45
The Great Gatsby (PG) Fri 6:20 Sat-Sun 12:20-6:30 Mon 6:20 Tue 12:20-6:30 Wed 6-9:10 Thu 2:50-6:10-9:25
The Great Gatsby 3D (PG) Fri 2:45-9:25 Sat-Sun 3:20-9:25 Mon 2:45-9:25 Tue 3:20-9:25 Wed 2:30-9:25
Iron Man 3 (PG) Fri 2:30-6:30-9:30 Sat-Sun 12:45-3:30-6:30-9:30 Mon 2:30-6:30-9:30 Tue 12:45-3:30-6:30-9:30 Wed 2:40-6:15-9:20 Thu 2:15-6:30-9:30
Iron Man 3 3D (PG) Fri 3-6:15-9:15 Sat-Sun 12-3-6:15-9:15 Mon 3-6:15-9:15 Tue 12-3-6:15-9:15 Wed 2:45-6:25 Thu 2:55
National Theatre Live: This House (STC) Thu 7
Oblivion (PG) Fri 2:20-6:10-9 Sat-Sun 12:10-3:10-6:10-9 Mon 2:20-6:10-9 Tue 12:10-3:10-6:10-9 Wed 2:20-6:10 Thu 2:25-6:40-9:35
The Sapphires (PG) Fri 2:50-6:40-9:45 Sat-Sun 1-3:25-6:40-9:45 Mon 2:50-6:40-9:45 Tue 1-3:25-6:40-9:45 Wed 2:55-6:40-9:30 Thu 2:50-6:40-9:40
Star Trek Into Darkness 3D (PG) Thu 2:30-6:15-9:20

Mayfair Theatre
1074 Bank St.

Blood for Irina (STC) Fri 11:30
Fight Like Soldiers, Die Like Children (PG) Fri-Sat 7 Sun 6:15 Tue-Wed 7
Mommie Dearest (STC) Sun 1-8:15
No (14A) Fri-Sat 9 Wed-Thu 9
Parker (14A) Mon 9:30 Tue 9
Pinup Dolls on Ice (STC) Sat 11:30
Playground of Dreams (STC) Thu 7
Sunset Boulevard (STC) Sun 3:45 Mon 7

Rainbow Cinemas
St. Laurent Centre
1200 St. Laurent Blvd.

Admission (PG) Fri-Thu 1:10-6:50
Escape From Planet Earth (PG) Fri-Thu 12:30-2:30-4:30
G.I. Joe: Retaliation (PG) Fri-Thu 9:55-12:05-2:25-4:45-7-9:20
A Good Day to Die Hard (14A) Fri-Thu 10:40-7:05-9:20
Identity Thief (14A) Fri-Thu 10:30-4-9:15
Life of Pi (PG) Fri-Thu 1:20-4:10
Olympus Has Fallen (14A) Fri-Thu 10:20-1-3:50-6:40-9:10
Silver Linings Playbook (14A) Fri-Thu 10-6:30-9

South Keys
2214 Bank St.

42 (PG) Fri-Sat 12:45-3:40-6:45-9:45 Sun 3:55-6:45-9:45 Mon-Wed 12:45-3:40-6:45-9:45
The Big Wedding (14A) Fri-Wed 10:30-12:40-2:50-5:05-7:15-9:30 Thu 10:20-12:25-2:30-4:35-10:15
Bolshoi Ballet: Romeo and Juliet (STC) Sun 12:55
The Croods (G) Fri-Thu 11:25-1:50-4:25-7:05-9:20
Free Willy (STC) Sat 11
The Great Gatsby (PG) Fri-Thu 11:45-3:05-6:25-9:35
The Great Gatsby 3D (PG) Fri-Thu 12:30-3:45-7-10:05
Iron Man 3 (PG) Fri-Thu 11:05-12:05-2:15-3:15-5:30-6:30-8:25-9:25
Iron Man 3 3D (PG) Fri-Wed 11:35-2:45-6-8:55 Thu 11:35-12:35-2:45-3:50-6-6:55-8:55-9:55 Fri-Wed 12:35-3:50-6:55-9:55
Jurassic Park 3D (PG) Fri-Wed 12:25-3:25-6:20-9:15
National Theatre Live: This House (STC) Thu 7
Oblivion (PG) Fri-Sat 11-1:45-4:30-7:20-10:10 Sun 10:25-1:05-4:30-7:20-10:10 Mon-Wed 11-1:45-4:30-7:20-10:10 Thu 4:30-7:20-10:10
Pain & Gain (18A) Fri 10:35-1:25-4:15-7:10-10 Sat 1:25-4:15-7:10-10 Sun-Wed 10:35-1:25-4:15-7:10-10 Thu 10:20-1:05-3:55-10
Star Trek Into Darkness (PG) Thu 12:20-3:20-6:20-9:20
Star Trek Into Darkness 3D (PG) Thu 10:15-1:05-4-7-10:05

Canadian Museum of civilization
100 rue Laurier

Born to Be Wild (STC) Fri 10:45 Thu 9:30
Le dernier récif 3D (STC) Fri 1 Sat 4 Sun 12-6 Tue 12 Wed 1-7
Dolphins (STC) Fri 12
Flight of the Butterflies 3D (STC) Wed 9:45
Kenya 3D: Animal Kingdom (STC) Fri 7 Sat-Sun 11-5
L'Express des Rocheuses (STC) Fri 8 Mon 11 Thu 8
The Last Reef: Cities Beneath the Sea 3D (STC) Fri 3 Sat-Sun 2 Mon-Tue 1-3 Wed 12-3 Thu 3
Rocky Mountain Express (STC) Sat 8 Mon-Tue 8
Titans de l'ère glaciaire 3D (STC) Fri 4 Sat 12-6 Sun 4 Mon 12-4 Tue 4-7 Wed 4 Thu 12-1-4
Titans of the Ice Age 3D (STC) Fri 2-5 Sat-Sun 1-3-7 Mon 10-2-5-7 Tue 11-2-5 Wed 11-2-5-8 Thu 11-2-5-7

Cinéma des
Galeries d'Aylmer
400 boul. Wilfrid-Lavigne

The Big Wedding (13+) Fri-Sun 1:10-3:10-7:10-9:10 Mon 7:10 Tue 1:10-3:10-7:10-9:10 Wed 7:10-9:10
The Great Gatsby 3D (STC) Fri-Sat 1-4-7-10 Sun 1-4-7 Mon 7 Tue 1-4-7 Wed 7 Thu 7:10
Iron Man 3 (STC) Thu 7-9:40
Iron Man 3 3D (STC) Fri-Sun 1-3:40-7-9:40 Mon 7 Tue 1-3:40-7-9:40 Wed 7-9:40
Oblivion (G) Fri-Sun 12:40-3:20-6:40-9:20 Mon 6:40 Tue 12:40-3:20-6:40-9:20 Wed-Thu 6:40-9:20
Star Trek Into Darkness 3D (G) Thu 6:50-9:30

Ciné-starz
1100 boul. Maloney Ouest

Assaut sur la Maison Blanche (13+) Mon-Thu 3:50-6
Astérix et Obélix: Au service de sa Majesté (STC) Fri-Sun 12-1:55-5:20 Mon-Thu 12-1:55
Film de peur 5 (13+) Fri-Sun 3:50-7:45-9:30 Mon-Thu 2:15-6-8:05-9:35
Fuyons la planète Terre (STC) Fri-Sun 12-2:15-3:50-6 Mon-Thu 12-3:45
G.I. Joe: les représailles (13+) Fri-Sun 5:25-7:35-9:30 Mon-Thu 5:20-7:30-9:25
Jack le chasseur de géants (G) Fri-Sun 12-2-4 Mon-Thu 1:40-3:40
L'appel (13+) Mon-Thu 12-5:40
L'opéra de la terreur (16+) Fri-Sun 6:05-9:15 Mon-Thu 7:20-9
Oz le magnifique (STC) Fri-Sun 12-1:35-7:15 Mon-Thu 12-3:45
Les âmes vagabondes (G) Fri-Sun 3:50-7:20-9:30 Mon-Thu 1:35-7:15-9:25

Ciné-Parc Templeton
Drive-In
1779 boul. Maloney Est

The Croods (STC) Fri-Sun
A Good Day to Die Hard (13+) Fri-Sun
Iron Man 3 (STC) Fri-Sun
No Films Showing Today (STC) Mon-Thu
Oz le magnifique (STC) Fri-Sun

Gatineau 9
120 boul. de l'Hôpital

Coup musclé (STC) Fri-Sun 1:15-4-7:20-10 Mon 7:20-10 Tue 1:15-4-7:20-10 Wed-Thu 7:20-10
Les Croods (STC) Fri-Sun 12:50-3-6:40-9 Mon 6:40-9 Tue 12:50-3-6:40-9 Wed-Thu 6:40-9
Gatsby le magnifique 3D (STC) Fri-Sun 1-3:50-7-9:50 Mon 7-9:50 Tue 1-3:50-7-9:50 Wed-Thu 7-9:50
The Great Gatsby 3D (STC) Fri-Sun 12:30-3:25-6:45-9:40 Mon 6:45-9:40 Tue 12:30-3:25-6:45-9:40 Wed-Thu 6:45-9:40
Iron Man 3 (STC) Fri-Sun 12:20-9:30 Mon 9:30 Tue 12:20-9:30 Wed-Thu 9:30 Fri-Sun 3:10-6:50 Mon 6:50 Tue 3:10-6:50 Wed-Thu 6:50
Iron Man 3 3D (STC) Fri-Sun 12:45-3:05-3:35-6:30-7:15-10 Mon 6:30-7:15-10 Tue 12:45-3:05-3:35-6:30-7:15-10 Wed-Thu 6:30-7:15-10 Fri-Sun 12:15-9:20 Mon 9:20 Tue 12:15-9:20 Wed-Thu 9:20
L'oubli (G) Fri-Sun 12-2:45-7:10-9:45 Mon 7:10-9:45 Tue 12-2:45-7:10-9:45 Wed-Thu 7:10-9:45

StarCité Hull
115 boul. du Plateau

42 (G) Fri 1:40-4:35-7:30-10:25 Sat 11-1:40-4:35-7:30-10:25 Sun 1:40-4:35-7:30-10:25 Mon 7:30-10:25 Tue 1:40-4:35-7:30-10:25 Wed 7:30-10:25
The Big Wedding (13+) Fri-Sun 1:20-3:35-5:50-8:05-10:20 Mon 8:05-10:20 Tue 1:20-3:35-5:50-8:05-10:20 Wed-Thu 8:05-10:20
Bolshoi Ballet: Romeo and Juliet (STC) Sun 12:55
Coup musclé (STC) Fri-Sun 1:30-4:25-7:20-10:15 Mon 7:20-10:15 Tue 1:30-4:25-7:20-10:15 Wed-Thu 7:20-10:15
Les Croods (STC) Thu 7:25-9:50
The Croods (STC) Fri 2:05-4:30-6:55-9:20 Sat 11:40-2:05-4:30-6:55-9:20 Sun 2:05-4:30-6:55-9:20 Mon 7-9:25 Tue 2:05-4:30-6:55-9:20 Wed 7-9:25
Les Croods 3D (STC) Fri-Sun 12:10-2:35-5-7:25-9:50 Mon 7:25-9:50 Tue 12:10-2:35-5-7:25-9:50 Wed 7:25
Free Willy (STC) Sat 11
Gatsby le magnifique (STC) Fri-Sun 12:30-3:40-6:50-10 Mon 7:10-10:10 Tue 12:30-3:40-6:50-10 Wed 7:30-10 Thu 7:10-10:10 Thu 1
The Great Gatsby 3D (STC) Fri-Sun 12:45-4-7:15-10:30 Mon 7:15-10:20 Tue 12:45-4-7:15-10:20 Wed-Thu 7:15-10:20
Iron Man 3 (STC) Fri-Sun 12:30-3:35-6:40-9:45 Mon 8:45 Tue 12:30-3:35-6:40-9:45 Wed 8:45 Thu 7:10-10:15
Fri-Sun 12:15-3:10-6:05-9 Mon 8:15 Tue 12:15-3:10-6:05-9 Wed 8:15 Thu 7:35-8:15-10:30 Star & Strollers Screening, Thu 1:30
Iron Man 3 3D (STC) Fri 1:30-4:35-7:40-10:45 Sat 10:50-1:30-4:35-7:40-10:45 Sun 1:30-4:35-7:40-10:45 Mon 7:35-10:30 Tue 1:30-4:35-7:35-10:30 Wed 9:50 Thu 7:50-10:45 Fri-Sun 1-4:05-7:10-10:15 Mon 7:10-10:15 Tue 1-4:05-7:10-10:15 Wed 7:35 Wed 7:10-10:15
L'oubli (G) Fri 1:50-4:40-7:30-10:20 Sat 11-1:50-4:40-7:30-10:20 Sun 1:50-4:40-7:30-10:20 Mon 7:30-10:20 Tue 1:50-4:40-7:30-10:20 Wed 7:30-10:20
Molière à bicyclette (STC) Fri 12:10-2:30-4:50-7:10-9:30 Sat 11-12:10-2:30-4:50-7:10-9:30 Sun 12:10-2:30-4:50-7:10-9:30 Mon 7:10-9:30 Tue 12:10-2:30-4:50-7:10-9:30 Wed-Thu 7:10-9:30
Mon ami Willy (STC) Sat 11
Oblivion (G) Fri 2:10-5-7:50-10:40 Sat 11:20-2:10-5-7:50-10:40 Sun 2:10-5-7:50-10:40 Mon 7:40-10:30 Tue 2:10-4:50-7:40-10:30 Wed-Thu 7:40-10:30
Pain & Gain (STC) Fri-Sun 1:50-4:45-7:40-10:35 Mon 7:40-10:30 Tue 1:50-4:45-7:40-10:30 Wed-Thu 7:40-10:30
Rockshow (STC) Wed 7:15
Scary Movie V (13+) Fri 1:30-3:45-6-8:15-10:30 Sat 11:15-1:30-3:45-6-8:15-10:30 Sun 3:45-6-8:15-10:30 Mon 8:15-10:30 Tue 1:30-3:45-6-8:15-10:30 Wed 10:30 Thu 8:15-10:30
Star Trek Into Darkness (G) Thu 7:20-10:20
Star Trek Into Darkness 3D (G) Wed 10:30 Thu 8-10:50
Star Trek vers les ténèbres 3D (G) Thu 7:40-10:40

Barrhaven Cinemas
131 Riocan Dr.

The Croods (G) Sat-Sun 1:10 Thu 4:40-7:15 Star & Strollers Screening Thu 1
The Croods 3D (G) Fri 7:10-9:45 Sat-Sun 4:05-7:10-9:45 Mon-Wed 4:40-7:15
Free Willy (STC) Sat 11
The Great Gatsby 3D (PG) Fri 6:45-10 Sat-Sun 12:15-3:30-6:45-10 Mon-Thu 5:10-8:25
Iron Man 3 (PG) Fri 6:40-9:50 Sat-Sun 12:10-3:10-6:40-9:50 Mon-Thu 5-7:50
Star & Strollers Screening, Thu 1
Iron Man 3 3D (PG) Fri 6:10-7:10-9:20-10:20 Sat-Sun 11:30-12:50-2:40-4-6:10-7:10-9:20-10:20 Mon-Thu 4:30-5:30-7:20-8:20
Oblivion (PG) Fri 7:20-10:10 Sat-Sun 1:25-4:25-7:20-10:10 Mon-Wed 5:20-8:10
Pain & Gain (18A) Fri 7:15-10:15 Sat-Sun 1:15-4:15-7:15-10:15 Mon-Wed 4:50-7:40
Star Trek Into Darkness (PG) Thu 4:25-7:30
Star Trek Into Darkness 3D (PG) Thu 4:50-8

SilverCity, 2385
City Park Dr.

The Big Wedding (14A) Fri-Thu 12:55-3:25-5:45-8:10-10:35
Bolshoi Ballet: Romeo and Juliet (STC) Sun 12:55
The Croods (G) Fri-Sat 2:35 Sun-Thu 1:05
The Croods 3D (G) Fri-Sat 12:05-5:10-7:45-10:15 Sun-Thu 3:55-6:50-9:25
Free Willy (STC) Sat 11
The Great Gatsby (PG) Fri-Tue 12-3:20-6:40-9:50 Wed 4-7:15-10:30
Thu 12-3:20-6:40-9:50 Star & Strollers Screening, Wed 1
The Great Gatsby 3D (PG) Fri-Tue 12:45-4-7:15-10:30 Wed 12-3:20-6:40-9:50 Thu 12:45-4-7:15-10:30
Iron Man 3 (PG) Fri 2:20-5:30-8:40 Sat 11:10-2:20-5:30-8:40 Sun-Tue 2:20-5:30-8:40 Wed 5:30-8:40 Thu 2:20-5:30-8:40
Star & Strollers Screening, Wed 1
Iron Man 3 3D (PG) Fri-Thu 12:20-3:30-6:45-9:45 Fri 12:10-12:50-3:15-4:05-6:10-7:10-9:20-10:20 Sat 11:55-12:50-3-4:05-6:10-7:10-9:20-10:20 Sun 12:10-12:50-3:15-4:05-6:10-7:10-9:20-10:20 Mon 12:10-12:50-3:15-4-6:10-7:10-9:20-10:20 Tue-Wed 12:10-12:50-3:15-4:05-6:10-7:10-9:20-10:20 Thu 12:10-1:30-3:15-4:30-6:10-7:30-9:20-10:30
Iron Man 3: An IMAX 3D Experience (PG) Fri 1:30-4:35-7:40-10:45 Sat 11-1:55-4:55-8-11 Sun 1:30-4:35-7:40-10:45 Mon-Tue 1:30-4:30-7:30-10:30 Wed 1:30-4:30
Jurassic Park 3D (PG) Fri-Wed 12:40-3:50-7:05-10:05
National Theatre Live: This House (STC) Thu 7
Oblivion (PG) Fri-Thu 1-4:10-7:20-10:30
Olympus Has Fallen (14A) Fri-Sat 1:50-4:50-7:40-10:50 Sun-Wed 1:50-4:50-7:40-10:35 Thu 1:50-10:35
Pain & Gain (18A) Fri-Sat 1:40-4:45-7:50-10:55 Sun-Wed 1:40-4:45-7:50-10:45 Thu 1:40-4:45-7:55-10:45
Peeples (PG) Fri 12:25-2:55-5:25-7:55-10:25 Sat 2:55-5:25-7:55-10:25 Sun-Thu 12:25-2:55-5:25-7:55-10:25
The Place Beyond the Pines (14A) Fri-Thu 1:10-4:20-7:30-10:40
Rockshow (STC) Wed 7:15
Roman Holiday (PG) Mon 7
Scary Movie V (14A) Fri 12:15-2:45-5:15-7:35-10:10 Sat-Sun 5:15-7:35-10:10 Mon 12:15-2:45-10:10 Tue 12:15-2:45-5:15-7:35-10:10 Wed 12:15-2:45-10:20
Star Trek Into Darkness (PG) Wed 8 Thu 12:35-3:45-7:10-10:20
Star Trek Into Darkness 3D (PG) Thu 1:30-5-8:30
Star Trek Into Darkness: An IMAX 3D Experience (PG) Thu 1-4:30-8

Empire Theatres Orleans
6 Cinemas
3752 Innes Rd.

The Big Wedding (14A) Dolby Stereo Digital Fri-Sun 1:20-4:15-7:20-9:35 Dolby Stereo Digital Mon 7:20-9:35 Dolby Stereo Digital Tue 1:20-4:15-7:20-9:35 Dolby Stereo Digital Wed-Thu 7:20-9:35
The Croods (G) Digital, Dolby Stereo Digital Fri-Sun 12:45-8:45 Digital, Dolby Stereo Digital Mon 8:45 Digital, Dolby Stereo Digital Tue 12:45-8:45 Digital, Dolby Stereo Digital Wed 8:45
The Croods 3D (G) Dolby Stereo Digital Fri-Sun 3:30-6:15 Dolby Stereo Digital Mon 6:15 Dolby Stereo Digital Tue 3:30-6:15 Dolby Stereo Digital Wed 6:15
The Great Gatsby (PG) Digital, Dolby Stereo Digital, Fri-Sun 1:15-4:30-8 Digital, Dolby Stereo Digital, Mon 8 Digital, Dolby Stereo Digital, Tue 1:15-4:30-8 Digital, Dolby Stereo Digital, Wed-Thu 8
The Great Gatsby 3D (PG) Dolby Stereo Digital, Fri-Sun 12-3:15-6:40-10 Dolby Stereo Digital, Mon 6:40-10 Dolby Stereo Digital, Tue 12-3:15-6:40-10 Dolby Stereo Digital, Wed 6:40-10 Dolby Stereo Digital, Thu 6:50-10
Iron Man 3 (PG) Dolby Stereo Digital, Fri-Sun 11:45-3-6:30-9:45 Dolby Stereo Digital Mon 6:30-9:45 Dolby Stereo Digital, Tue 11:45-3-6:30-9:45 Dolby Stereo Digital Wed-Thu 6:30-9:45
Iron Man 3 3D (PG) Dolby Stereo Digital, Fri-Sun 1-2-4:15-6-7:45-9:15 Dolby Stereo Digital Mon 7-10:15 Dolby Stereo Digital, Tue 1-4:15-6-7:45-9:15 Dolby Stereo Digital Wed-Thu 7-7:45-9:15 Dolby Stereo Digital, Fri-Sun 12:30-3:45-7-10:15 Dolby Stereo Digital Mon 6-7:45-9:15 Dolby Stereo Digital, Tue 12:30-3:45-7-10:15 Dolby Stereo Digital Wed 6
Oblivion (PG) Dolby Stereo Digital Fri-Sun 12:20-3:20-6:50-9:50 Dolby Stereo Digital Mon 6:50-9:50 Dolby Stereo Digital Tue 12:20-3:20-6:50-9:50 Dolby Stereo Digital Wed 6:50-9:50
Pain & Gain (18A) Dolby Stereo Digital Fri-Sun 12:10-4-7:10-10:10 Dolby Stereo Digital Mon 7:10-10:10 Dolby Stereo Digital Tue 12:10-4-7:10-10:10 Dolby Stereo Digital Wed-Thu 7:10-10:10
Star Trek Into Darkness (PG) Digital, Dolby Stereo Digital, Thu 6-9
Star Trek Into Darkness 3D (PG) Dolby Stereo Digital, Wed 9 Dolby Stereo Digital, Thu 8 Dolby Stereo Digital, Thu 6:40-9:50

When one man's job is a producer's treasure

Cameraman Joe Murgia, right, shoots a close-up of Michael Jordan memorabilia, which was brought in to the Gold & Silver Pawn Shop for an episode of the reality TV series Pawn Stars. JULIE JACOBSON/THE ASSOCIATED PRESS

Think your small business has what it takes to be the next reality TV star?

Shows featuring small company owners, such as A&E's Duck Dynasty and History's Pawn Stars, are hits, turning nearly unknown small businesses into household names. The shows give them exposure that most could never afford to pay for through advertising or public relations.

So you want your own show? Here's a guide.

THE ASSOCIATED PRESS

Sometimes they find you

Production companies are always on the lookout for businesses to film. That's how Pawn Stars came about. Brent Montgomery, the owner of production company Leftfield Pictures, was at a bachelor party in Las Vegas. The limousine he was in passed by a pawn shop and he came up with the idea of a reality show. Montgomery told his staff to find a family-owned pawn shop in Las Vegas. The producers found Rick Harrison of Gold & Silver Pawn Shop, who had already been pitching a reality show idea to other producers. Harrison went with Leftfield Pictures, which sold the show to History.

Pitch a producer

Many production companies accept pitches for reality shows. If a production company likes the idea, they will be able to bring it to networks. Do an online search for reality TV producers and call to see if they accept pitches. The Idea Factory, which has produced reality shows for Spike and Discovery, accepts pitches on the company's website (tiftv.com). Darryl Silver, the owner of the Idea Factory, says that he usually first meets people who pitch shows through webcam chats. Silver usually asks what major events they expect to happen in the next year that could be filmed.

No failing businesses

Your business must be in good financial standing. No production company wants to start filming a show that centres around a business and then have it close down during filming. Production companies will check to make sure your business is on solid footing.

They love families

Family-owned businesses are favoured by producers because it adds "an extra level of story," says Silver. Audiences love seeing people and relationships on TV that they can relate to. Duck Dynasty, which features a family-owned duck-call business, is the most watched documentary-style reality series on TV right now, according to Nielsen, which provides information and insight into what consumers watch and buy.

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Tracks to expand your horizons

Sigur Ros, Kenny Feinstein and yes, even Justin Bieber, take you out of your musical comfort zone

SOUND CHECK
Alan Cross
scene@metronews.ca

U Smile (Extended)/ Justin Bieber

Wait! It's not what you think. Producer Nick Pittsinger put this track through time-stretching software, teasing it out to 35 minutes. The result is accidentally beautiful in a Brian-Eno-writing-for-airports kind of way.

What You Want/Kenny Feinstein

For his first solo album, Feinstein has decided to cover My Bloody Valentine's Loveless album acoustically.

It's astonishing how well this works.

Isjaki/Sigur Ros

The new album, Kveikur, will be out June 17. Check out the creepy lyric video for this single.

They're also getting the Simpsons treatment.

Shakira's hips, post pregnancy, don't lie

The Voice. Colombian singer dishes on her new baby boy, getting back into shape and life with her co-hosts on the set of The Voice

Colombian superstar Shakira is learning how to balance her demanding work schedule with being a new mom one day at a time.

"It's part of motherhood, you know," she said of juggling her personal and professional life. "You got to figure it out as you go."

The 36-year-old singer and her soccer star boyfriend Gerard Pique welcomed their first child, Milan Pique Mebarak, on Jan. 22.

"He's great. He's so mellow, but he's very alert too," she said in an interview Wednesday night at House of Blues in West Hollywood, Calif. "It's like he knows what's going on around him. He knows when someone comes in the room or comes out. He's something."

Shakira joined fellow The Voice coaches Adam Levine, Blake Shelton and Usher at a red carpet event celebrating the NBC signing competition's top 12 finalists.

The Voice host Carson Daly said baby Milan has been a welcome addition to the kid-friendly set, which features regular visits from Daly's young brood, Usher's children and Levine's nephews.

"With Milan it's a full-blown nursery!" Daly said of Shakira's baby-proofed double-wide trailer. "It's just like Shakira's door opens and It's a Small World starts playing. It's built for Milan. And it's really special and it's cool. We're like a little family."

But according to Shakira, it's not the children who cause the most trouble.

"It's like a kindergarten because these guys are already babies. They're babies!" she joked of her fellow coaches.

THE ASSOCIATED PRESS

It's a Small World

"It's like he knows what's going on around him. He knows when someone comes in the room or comes out. He's something."

Shakira
Speaking about her new child Milan Pique Mebarak.

Baby hips

When it comes to getting those famous hips back into pre-baby shape, Shakira said she's still working on it.

- **Quote.** "I still have a long way to go. I still have a few pounds to lose," she said. "I look decent."

Shakira is back on The Voice for season 4 after having a child.
MATT SAYLES/THE ASSOCIATED PRESS

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Miley Cyrus, 20, was number one on the list. ALL GETTY IMAGES

Age of Maxim's top sexiest women is a tad off-putting

Maxim's Hot 100 list, which is a compilation of the world's sexiest women, is out. Here's the top five with their ages included. Miley Cyrus, 20, takes top honours, while Selena Gomez, 20 is second, followed by Rihanna, 25, Mila Kunis, 29, and Jennifer Lawrence, 22. The average age of these hot "women" is 23; the top two cannot legally be hit on in a bar. This makes you feel a little dirty, no?

METRO DISH

OUR TAKE ON THE WORLD OF CELEBRITIES

The Word

Fall Out Boy's Wentz opens up about his drug addiction

THE WORD
Dorothy Robinson
scene@metronews.ca

The 33-year-old bassist for Fall Out Boy (and the ex of one Ashlee Simpson) opens up in a new issue of Rolling Stone about how he sunk into a pill addiction after Fall Out Boy went on hiatus in 2009.

The rocker says he abused Xanax and Klonopin, which are primarily used to treat anxiety. "I was probably physically and mentally addicted," Wentz reveals. "It started from insomnia and anxiety from flying, then it spiralled. He continues, "I felt like a loser already. I'd basically gone from being the guy in Fall Out Boy to being the guy, who, like, hangs out all day. I didn't see how I'd ever come out on the other side."

Things only got worse when Wentz split from Simpson. "I was scared of everything. I thought there were always people listening to me," he says. "Like, I had my house searched for bugs. It was crazy." Wentz says he is clean now, thanks to his son Bronx, 4, and extensive work with a therapist.

David Bowie

Church leaders not impressed with Bowie's bar-fly version of Christ

Church leaders have reacted angrily to the release of a video to accompany David Bowie's latest single, The Next Day, in which he poses as Jesus in a bar. Lord Carey, the former Archbishop of Canterbury — the global head of the Anglican church — said the video was "juvenile" and urged Christians to "rise above it." But he also couldn't resist having a dig: "I doubt that Bowie would have the courage to use Islamic imagery — I very much doubt it." The video contains a sequence of Bowie in a bar in robes, striking a Christ-like pose. Gary Oldman and Marion Cotillard are also featured. Oldman is dressed as a priest, while Cotillard is in her underwear, with blood spurting from two wounds in her hands.

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Liquid Assets

Cocktails made easy

LIQUID ASSETS
Peter Rockwell
@therealwineguy
liquidassets@eastlink.ca

It's never too early to get your ice cubes in a row when it comes to summertime cocktails. Though popping the cork on a bottle of wine or twisting-off the cap of a chilled beer may be easier, no drink makes your back deck feel more like the Caribbean than a mixed drink.

While some are complicated, most cocktails are a lot easier to make than you might think. Warm weather favourites like the Bloody Caesar (invented in Canada), the Margarita and the Cosmopolitan are no-brainers.

I love to get my Mojito on this time of year. The Cuban classic, which combines white rum, sugar, lime juice, sparkling water, mint leaves and a bit of muddling, is one of the most refreshing drinks in the mixology handbook.

Bacardi — Cuba's hometown hero — is the standard white rum of choice for a Mojito. I kneel to liquid tradition, but find the new wave of white spiced rums make an even better impression in the glass. Captain Morgan Silver Spiced Rum ($24.49 to $29.99) mixes white spices, vanilla and a subtle sweetness that works wonders with the Mojito's minty personality. **PRICES REFLECT THE RANGE ACROSS THE COUNTRY. SOME PRODUCTS MAY NOT BE AVAILABLE IN ALL PROVINCES.**

A sophisticated breakfast for mom

Scrambled Eggs with Brie Cheese and Smoked Salmon.
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Scrambled eggs made with velvety brie cheese and savoury smoked salmon is a real treat for a Mother's Day breakfast.

I have given a choice of using natural liquid egg substitutes instead of using three eggs per person, which have excess fat and cholesterol.

1. In large skillet sprayed with vegetable oil, add egg substitute or eggs and milk.

2. On a medium heat continue to scramble just until eggs are almost set. Do not overcook.

3. Serve the scrambled eggs with smoked salmon and brie cheese over top and sprinkle with salt and ground pepper.

This recipe serves two. MIKE MCCOLL

Ingredients

Prep time: 5 minutes
Cook time: 5 minutes

- 1 1/2 cup egg substitutes or 6 large eggs
- 1/4 cup lower fat milk
- 1/4 cup diced smoked salmon
- 1 1/2 oz diced brie cheese
- Pinch of salt and pepper

Nutrition per serving for egg substitutes

187 calories, 26.6 g protein, 6.3 g fat, 3.9 g saturated fat, 5.2 carbohydrates, 25 mg cholesterol, 785 mg sodium, 0 g fibre

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Whether you're hoping to dance, drink or just relax, check out these hot upcoming events.

MIX OF SIX
Samantha Everts
ottawa@metronews.ca

Nightbox

Launched from an obscure four-song EP to critical acclaim from NME and the stages of Leeds and Reading Festivals, electro-synth-rock group Nightbox hits Zaphods tonight. In anticipation of their 2013 debut LP as produced by MSTRKRFT's Sebastien Granger, the Toronto-based band are debuting new songs that will have Pitchfork buzzing. May 10. nightbox.ca

Ottawa Comiccon

Holy nerdgasm, Batman! Put on a cape or Xena Warrior gear and embrace your inner-geek this weekend at the Ernst and Young Centre. Original Catwoman Julie Newmar and Robin Burt Ward will be there signing autographs along with Gillian Anderson (a.k.a. Agent Scully). Get gaming or shop for comics between meeting celebs. May 10-12. Ottawacomiccon.com

The Goodluck Assembly

Soulful indie-rockers The Goodluck Assembly release their first EP Demonstrations since 2011's radio hit Find Me Out dominated Canadian alternative rock radio airwaves. The Muse-influenced Ottawa band explores darker themes new single Wait for Me. Catch them at Ritual nightclub tonight and be prepared to be drawn in by their stellar musicianship. May 11. thegoodluckassembly.bandcamp.com

Ottawa Freemarket

Forget songs about thrift shops, try the Free Market this Saturday at the Jack Purcell Community Centre. Freecycling means a no-strings-attached event of giving away of clothes and household goods. People simply drop off what they don't want and take what they do. Help yourself to a free plant for good green karma. May 11. jpra.ca/

Free Tulip Festival Fun

It's a bird, it's a plane, no, it's the vintage wings airborne parade. Part of Tulip Festival's weekend celebrations, this Sunday afternoon a squadron of vintage craft will cover the Capital's skies in recognition of the special friendship between the Dutch and Canadians. Recommended viewing spot: anywhere along the Tulip-lined Rideau Canal. May 12. tulipfestival.ca

Curator Tour

Renown artist Charles Stankievech presents the world premiere of his new film and sound installation The Soniferous Æther of The Land Beyond The Land Beyond. Recorded in the northernmost settlement on Earth, let the curators lead you through the exhibition at City Hall Art Gallery on Sunday afternoon. May 12. nac-cna.ca/northernscene

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SLEEK & SEXY

Humidity can be measured two ways — relatively or by dew point — but who needs percentages when frizzy hair is the best dead giveaway?

This season's most delectable hair trends, however, are seemingly without regard for humidity. Styles spotted on the runways rarely swayed from sleek, but how strands were tied ranged from tight knots (at Ralph Lauren and Givenchy) to simple braids (at Jason Wu and Marchesa) and low-slung ponytails (at Michael Kors and Jil Sander). The common theme among them was simplicity, with not a complicated up-do in sight. Therefore, replicating this season's knotty trends should be a cinch — it's beating the humidity and fighting off frizz that will take some technique.

Using a wax to build hair's defence against frizz before styling can work. Waxes both seal moisture in and prevent excess water from entering the hair cuticle, which is what ultimately causes strands to puff up and kink, no matter the season.

Hair waxes are also known as pomade, styling crème, paste and whip. The degree of thickness depends on the percentage of other ingredients added versus a base wax, like beeswax. Generally speaking, the finer your hair, the more viscous (watery) your pomade or wax should be. If you have thick, curly hair, a heavier wax would work best to hold your sleek top-knot in place all day. If you have fine, straight hair, pick a product more closely resembling a whip.

– Rebecca Perrin

ISTOCKPHOTO/THINKSTOCK

YOUR HAIR CARE MENU

APPETIZER, MAIN AND DESSERT FOR YOUR DAMAGED LOCKS

Popular hair care ingredients read like a meal and deliver on nourishment, too. Fixes like argan oil, caffeine, avocado and coconut have stepped up the hair repair game so no damage goes unfed and genuine health gets a fill-up.

By feeding your hair a hefty meal of antioxidizing oils, strengthening proteins, and conditioning butters, you can reinforce strength so the threat of breakage won't spoil your appetite for spending summer days outdoors and lounging around your neighbour's saltwater pool.

Here is a closer look at the menu:

ANTIOXIDANT SALAD (PROTECTION)

Vitamins A, B, C, E and K can be found in numerous hair products. They offer dull and depleted hair protection against oxidative damage (when environmental factors cause your hair to lose protective electrons to free radicals) and bring back plenty of healthy shine. You can find these vitamins by searching product labels for ingredients like apricot oil, pomegranate oil, argan oil, coconut oil, beta carotene, phytochemicals and grapeseed extract. Nourishing to all types of hair.

PROTEIN MAIN (STRENGTH)

Each strand of hair is comprised of three layers of proteins piled atop one another. When the second layer, the cuticle, is damaged, your hair becomes officially dry and damaged.

A protein-rich meal aids in smoothing the proteins into place and building elasticity so strands won't break from brittleness, and makes it easier for them to hold onto moisture.

Protein-rich products range from shampoos to leave-in hair treatments and show up as keratin, collagen, flaxseed and soy-based additives, for example. Fatty oils can weigh fine hair down (therefore best to use overnight) but are generally well absorbed by coarser textures.

CONDITIONING DESSERT (MOISTURE)

Conditioner does for your hair what something sweet after dinner does for our craving — satisfies. Look for shea, jojoba, mango and coconut butters if you prefer natural ingredients to fight frizz, and if your hair can handle the weight, or glycerin and silicone complexes for smoothness and shine on finer textures. All types of hair will mellow out after a cool and creamy conditioner.

– Rebecca Perrin

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50 SHADES OF WHITE

QUICK-FIX TEETH WHITENING KITS ARE EASY TO USE

HEMERA/THINKSTOCK

At-home teeth whitening kits are a fraction of the cost of what you would pay to see your dentist. Products are easy and safe to use so you don't have to give up on your favourite vices.

The effective agent in most whitening products is hydrogen peroxide (H2O2). It is also likely the most popular bathroom cabinet essential (you would recognize the brown bottle with white writing, right?) because it's simply a combination of water and oxygen, and extremely affordable.

Hydrogen peroxide is one of the best germicidal agents for a household full of kids — when you used to fall off your bike and scrape your knee, your mom likely doused the bandage in H202 before sending you back outside, but these days you should consider hydrogen peroxide your ticket to whiter teeth.

Choose a teeth-whitening product with controlled amounts of hydrogen peroxide on the label. Take your pick of kits, toothpaste and mouthwash — they all have the right amount of hydrogen peroxide to whiten your teeth safely at home.

The strongest whitening kits on store shelves have 14 per cent hydrogen peroxide. Whitening mouthwashes are often made effective by a combination of hydrogen peroxide and sodium hexametaphosphate. An alternative to H202 is carbamide peroxide, also found in whitening products, which is slower to oxidize and roughly one-third the strength of hydrogen peroxide. It may be the better option for whitening highly sensitive teeth.

As for maintaining your newly whitened teeth, think more so about how acidic your food is than its inherent colour. Salt and vinegar chips for example, though extremely delicious, are highly acidic and may contribute to the erosion of tooth enamel. Same goes for orange juice, citrus fruit and white wine, which is actually more likely than red wine to stain your teeth because it's more acidic. Also, drink water after your morning espresso to rinse away the lingering crema, and keep a spare toothbrush in your bag for good measure.

– Rebecca Perrin

PAYING LIP SERVICE

Beyoncé

Among the must-have lip shades this season are bouquets of both crimson red and barely-there nudes so subtle they nearly conceal your mouth. This spring, opposites attract equally.

Flesh tone lips flatter an expressively smoked eye (try this season's vivid palette of violet, indigo blue or emerald green) and also appear appropriately restrained against a bronzed complexion. Jennifer Lawrence is obviously a fan (she wears nudes often and very well) and Beyoncé always manages to make a bare lip look super fierce.

Choosing the right shade of nude is essential since it will set you up for appearing Brigitte Bardot-ish rather than passing on to the next life. Your teeth will look white rather than three shades deeper. Generally, three tones of nude lipsticks exist: Ones with apricot undertones; those with a pink tint; and true, honest beiges. Try the first two and avoid the third since that's how lips can look mistakenly chalky, like you have eaten a powdery doughnut and forgotten to tissue off.

As for red, the hottest swatches are tangerine and glossy (the ones created for Moschino by Tom Pecheux looked like freshly peeled citrus fruit) and crimson and matte. Choosing a red lipstick is truly a personal adventure to embark upon. The shade's vibrancy is so powerful, and red carries so many cultural and emotional connotations that you should try on shade after shade until you find one that makes you feel fiery.

Absolutely skip the lip liner with nude shades (you may look like a mannequin if you don't), but feel free to employ one with deep crimson lipstick. A perfectly precise line can add to the allure of red lips, like the ones created by Pat McGrath at Prada. She applied layer after layer of lipstick, blotting in between, to make sure the finished texture was opaque and deliciously rich. *– Rebecca Perrin*

Jennifer Lawrence

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ORAL13522

Senators fan Ravi Patni of London poses with a gang of Senators prior to Game 4 of Ottawa's first-round playoff series against the Montreal Canadiens on Tuesday at Scotiabank Place. SEAN KILPATRICK/THE CANADIAN PRESS

Sens fan crosses pond for some live puck

NHL playoffs. London native travelled to Ottawa for Game's 3 and 4 ... he chose well

Ravi Patni isn't your average Ottawa Senators fan.

Before last weekend, he had never seen them play in person or ever set foot in Ottawa.

But the 26-year-old doctor from England decided that needed to change when his favourite team qualified for this year's Stanley Cup playoffs.

Patni bought tickets to games 3 and 4 of the series against the Montreal Canadiens, hopped on a plane and travelled more than 5,000 kilometres from London — by himself.

"I am a massive fan of the Sens and I have been for the last five years, ever since they made the Stanley Cup finals," Patni said outside a festive Scotiabank Place prior to Game 4. "I just love the Sens, I came all the way from London for the Sens — absolutely a huge fan."

So what brought a surgeon, who grew up not far from London's Wembley Stadium and supports Chelsea of England's Premier League across the Atlantic Ocean specifically for the Senators?

"I just love their brand of hockey. They're physical; they've got skill players. Daniel Alfredsson is an absolute legend, and I just love the way that they play," Patni said. "I'm just really passionate about the game. There's no other game that I prefer to watch in the world and there's no other team I prefer to watch than the Sens."

Patni, who often stays up past midnight to watch Senators games online because of the five-hour time difference, says immigration officials at Ottawa's Macdonald-Cartier International Airport didn't believe his reason for the visit at first: "They made me show them my tickets to the games."

THE CANADIAN PRESS

A Place like no other

"When I go back, I'm going to tell people about the 6-1 game (Ottawa's fight-filled Game 3 win) and how incredible an experience it is at Scotiabank Place. I don't think there's a better live experience in the world."

Ravi Patni, who says he's "going to try and convert as many people" as he can to hockey — specifically the Senators — when he returns home to London.

MLB

Romero sent back down to minor leagues

The Toronto Blue Jays have sent left-hander Ricky Romero to triple-A Buffalo and designated right-hander Edgar Gonzalez for assignment.

Romero lasted just 1/3 of an inning as Toronto dropped a 10-4 decision at Tampa Bay on Wednesday night.

Romero, who gave up three run-scoring singles in the defeat, lost his rotation spot after a poor spring training and remained in Florida when the season began to work on mechanics. He was called up earlier this month when right-hander Josh Johnson went on the 15-day disabled list.

Also Thursday, the Blue Jays selected the contracts of right-handers Ramon Ortiz and Mickey Storey from the Bisons.

THE CANADIAN PRESS

Court battle

Kobe argues he didn't authorize sale of mementos

Kobe Bryant says in a court filing that he never gave his mother permission to sell mementos from his high school days and early professional basketball career.

Bryant is in a court battle over whether hundreds of items can be auctioned off.

Pamela Bryant says the NBA star told her the memorabilia was hers. She arranged earlier this year to auction it off through Berlin, N.J.-based Goldin Auctions and received a $450,000 advance.

THE ASSOCIATED PRESS

NHL. Makeover in store for Canucks, GM says

Vancouver Canucks general manager Mike Gillis says it's time to reset the organization.

He held a season-ending media availability Thursday after the Canucks were swept by the San Jose Sharks in their Western Conference quarterfinal.

Gillis says he plans to review every element of the organization — including the performance of head coach Alain Vigneault — before any decisions are made.

Quoted

"When I look at every other team, this was such a messed-up season from start to finish."

Canucks GM Mike Gillis

Gillis also says it's unlikely that veteran goaltender Roberto Luongo will be with the team next fall. THE CANADIAN PRESS

Playoff layoff

"We as players got to come in and bring it in practice. You got to keep your game at the highest level and treat it that way in practice when you're out there. Just play hard."

San Jose Sharks defenceman Scott Hannan, whose team could be facing a long wait before knowing their second-round opponent after completing a sweep of the Vancouver Canucks on Tuesday night.

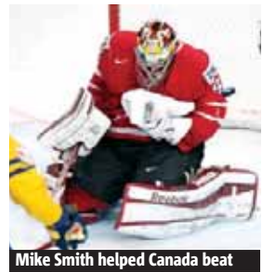
World championship. Canada blanks Sweden

Canada's Mike Smith earned his first win of the world hockey championship with a 33-save performance as Canada blanked host Sweden 3-0 Thursday.

Smith, who plays for Phoenix in the NHL, was at his best in the third period with 17 saves.

Steven Stamkos, Luke Schenn and Jordan Staal scored for Canada. Matt Read contributed two assists.

THE CANADIAN PRESS



Mike Smith helped Canada beat Sweden 3-0 on Thursday. THE CANADIAN PRESS

All four series tied up in Round 2 of playoffs

Underdogs. Four lower-seeded teams on even footing with four of NBA's top five winningest clubs

Warriors guard Stephen Curry drives past Tim Duncan of the Spurs during Golden State's Game 2 win on Wednesday night in San Antonio, Texas.
RONALD MARTINEZ/GETTY IMAGES

Parity has struck the NBA playoffs, where the conference semifinals are all fit to be tied.

The four current series are all knotted at one game apiece — the first time that's happened in the second round of the NBA playoffs since the league went to its current format more than a quarter-century ago. For favourites like Miami, New York, San Antonio and Oklahoma City, home-court advantage has disappeared, and now it's the underdogs who can control their own fates simply by taking care of business on their home floors.

A wild weekend is ahead, without question.

The Heat, Knicks, Spurs and Thunder are four of the league's top five winningest road teams this season. That probably isn't being received as great news for Chicago, Indiana, Golden State and Memphis, the lower-seeded clubs who will be hosting pivotal Game 3s when NBA playoff action resumes on Friday and Saturday.

"Pretty cool. The NBA's loving it," Heat forward LeBron James said. "When it comes to the playoffs, I always continue to say no matter how many games you win or lose in the regular season, once you get to the playoffs everybody's record is 0-0. So I think it's great. I think it's great for our fans, I think it's great for the competition that every series is tied 1-1."

After a first round with only two sweeps — by Miami and San Antonio, the top seeds in the Eastern and Western Conferences — the tone for the second round was set pretty quickly around the league. Miami lost Game 1 at home to a wounded and weary team from Chicago. San Antonio needed a huge comeback to beat Golden State in Game 1 of their series, then saw the Warriors simply come back and take Game 2. THE ASSOCIATED PRESS

MLB

Nationals hang on to sweep Tigers

Dan Haren of the Nationals pitches in the second inning against the Tigers on Thursday in Washington, D.C. GETTY IMAGES

Ryan Mattheus, Drew Storen and Rafael Soriano combined for shutout relief after Dan Haren nearly squandered a four-run lead, and the Washington Nationals beat the Detroit Tigers 5-4 Thursday to complete a two-game sweep of the AL champions.

Adam LaRoche singled in the first and second innings for his first consecutive multi-hit games this season, helping the Nationals to their first four-game winning streak of the year. Ryan Zimmerman, in a 2-for-14 slide coming in, had three hits. Bryce Harper hit an RBI groundout in the first following Denard Span's leadoff double, and Harper came home from second when LaRoche singled and centre-fielder Austin Jackson let the ball get past him for an error. Ian Desmond followed with a run-scoring single for a 3-1 lead.

Tigers pitcher Doug Fister (4-1) had an RBI single in the second off Haren (4-3), but the Nationals made it 5-1 in the bottom half on consecutive run-scoring singles by Zimmerman and LaRoche.

Washington's three relievers had identical lines, each giving up a hit and striking out a batter in an inning. Soriano converted his 12th save in 13 chances, retiring Prince Fielder on a game-ending flyout to the centre field warning track with a man on.

Detroit had entered with nine wins in 10 games only to get swept for the first time since losing three games at the Los Angeles Angels from April 19-21. THE ASSOCIATED PRESS

NHL PLAYOFFS

CONFERENCE QUARTERFINALS

(Best-of-7 series; All times Eastern)

EASTERN CONFERENCE

PITTSBURGH (1) V. NY ISLANDERS (8)
(Series tied 2-2)
Thursday's result
N.Y. Islanders at Pittsburgh
Saturday's game
Pittsburgh at N.Y. Islanders, TBA

MONTREAL (2) VS. OTTAWA (7)
(Ottawa leads 3-1)
Thursday's result
Ottawa at Montreal
Tuesday's result
Ottawa 3 Montreal 2 (OT)

WASHINGTON (3) V. NY RANGERS (6)
(Series tied 2-2)
Wednesday's result
N.Y. Rangers 4 Washington 3
Friday's game
N.Y. Rangers at Washington, 7:30 p.m.

BOSTON (4) VS. TORONTO (5)
(Boston leads 3-1)
Wednesday's result
Boston 4 Toronto 3 (OT)
Friday's game
Toronto at Boston, 7 p.m.

WESTERN CONFERENCE

CHICAGO (1) VS. MINNESOTA (8)
(Chicago leads 3-1)
Thursday's result
Minnesota at Chicago
Tuesday's result
Chicago 3 Minnesota 0

ANAHEIM (2) VS. DETROIT (7)
(Series tied 2-2)
Wednesday's result
Anaheim 3 Detroit 2, OT
Friday's game
Anaheim at Detroit, 8 p.m.

VANCOUVER (3) VS. SAN JOSE (6)
(San Jose wins 4-0)

ST. LOUIS (4) VS. LOS ANGELES (5)
(Los Angeles leads 3-2)
Wednesday's result
Los Angeles 3 St. Louis 2
Friday's game
St. Louis at Los Angeles, 10 p.m.

NBA PLAYOFFS

CONFERENCE SEMIFINALS

(Best-of-7 series; All times Eastern)

EASTERN CONFERENCE

MIAMI (1) VS. CHICAGO (5)
(Series tied 1-1)
Wednesday's result
Miami 115 Chicago 78
Friday's game
Miami at Chicago, 8 p.m.

NEW YORK (2) VS. INDIANA (3)
(Series tied 1-1)
Tuesday's result
New York 105 Indiana 79
Saturday's game
New York at Indiana, 8 p.m.

WESTERN CONFERENCE

OKLAHOMA CITY (1) V. MEMPHIS (5)
(Series tied 1-1)
Tuesday's result
Memphis 99, Oklahoma City 93
Saturday's game
Oklahoma City at Memphis, 5 p.m.

SAN ANTONIO (2) V. GOLDEN STATE (6)
(Series tied 1-1)
Wednesday's result
Golden St. 100, San Antonio 91
Friday's game
San Antonio at Golden State, 10:30 p.m.

SOCCER

MLS

Wednesday's results
Houston 4 D.C. 0
New York 2 Montreal 1
Salt Lake 2 New England 1
Seattle 1 Kansas City 0
Portland 1 Dallas 1
San Jose 2 Toronto 1
Saturday's games
Philadelphia at Chicago, 1:30 p.m.
Salt Lake at Montreal, 2 p.m.
San Jose at Seattle, 4 p.m.
Los Angeles at Vancouver, 7 p.m.
Colorado at Columbus, 7:30 p.m.
New York at New England, 7:30 p.m.
D.C. at Dallas, 8:30 p.m.

MLB

AMERICAN LEAGUE

EAST DIVISION

	W	L	Pct	GB
Baltimore	21	13	.618	—
Boston	21	13	.618	—
New York	20	13	.606	½
Tampa Bay	15	18	.455	5½
Toronto	13	22	.371	8½

CENTRAL DIVISION

	W	L	Pct	GB
Detroit	19	13	.594	—
Kansas City	17	13	.567	1
Cleveland	18	14	.563	1
Minnesota	15	15	.500	3
Chicago	14	18	.438	5

WEST DIVISION

	W	L	Pct	GB
Texas	21	13	.618	—
Oakland	18	18	.500	4
Seattle	16	19	.457	5½
Los Angeles	11	22	.333	9½
Houston	10	24	.294	11

Thursday's results
Cleveland 9 Oakland 2
Kansas City at Baltimore
Minnesota at Boston
Toronto at Tampa Bay
L.A. Angels at Houston
Friday's games — All times Eastern
Cleveland (Kluber 2-1) at Detroit (Scherzer 4-0), 7:08 p.m.
San Diego (Volquez 3-3) at Tampa Bay (Cobb 4-2), 7:10 p.m.
Toronto (Ortiz 0-0) at Boston (Lester 4-0), 7:10 p.m.
L.A. Angels (Hanson 2-1) at Chicago White Sox (Axelrod 0-2), 8:10 p.m.
Baltimore (Hammel 5-1) at Minnesota (Pelfrey 3-3), 8:10 p.m.
N.Y. Yankees (Hughes 1-2) at Kansas City (Davis 2-2), 8:10 p.m.
Texas (Ogando 3-2) at Houston (Keuchel 0-1), 8:10 p.m.
Oakland (Straily 1-0) at Seattle (Iwakuma 3-1), 10:10 p.m.

NATIONAL LEAGUE

Thursday's results
Pittsburgh at N.Y. Mets
Philadelphia at Arizona
Atlanta at San Francisco
INTERLEAGUE
N.Y. Yankees 3 Colorado 1
Washington 5 Detroit 4

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Together we can help all kids play
Jumpstart

Moyes takes over coaching reins of Manchester United

Big shoes to fill.
Former coach led Manchester United to almost 50 trophies

The job of coaching one of soccer's most iconic teams has been granted to David Moyes, a former professional player who will have to step into the shoes of fellow Glaswegian Alex Ferguson.

Manchester United chose an unglamorous coach to take over from the 71-year-old Ferguson, seeking long-term success by awarding Moyes a six-year contract on Thursday.

Moyes and Ferguson come from identical backgrounds and were raised on the tough streets of Scotland. Both have reputations for enjoying confrontation and strong discipline.

David Moyes has been hired to take over as coach of Manchester United.
LAURENCE GRIFFITHS/GETTY IMAGES

Moyes will arrive from Everton, never having won a trophy there, to take over the reins on July 1 of a United side fresh from its 13th Premier League title under Ferguson.

And as with everything else at United, the retiring Ferguson played a key role in the decision, recommending his fellow Scot to build on the foundations for success he has laid at Old Trafford since 1986.

"I am delighted that Sir Alex saw fit to recommend me for the job," Moyes said in a statement. "I have great respect for everything he has done and for the football club."

After 11 years at Everton operating on a modest budget, the 50-year-old Moyes has been given a chance to prove he can cut it at the highest level by filling the shoes of a manager who has produced nearly 50 trophies for United.

THE ASSOCIATED PRESS

Serving up in Spain

Serena Williams serves to Maria Kirilenko during their match at the Madrid Open on Thursday. Williams and Maria Sharapova reached the quarter-finals as the two top-ranked players both won in straight sets.
ANDRES KUDACKI/THE ASSOCIATED PRESS

Olympics

Bach's resumé gives him an edge for IOC top job

Thomas Bach is counting on his track record and long experience in the Olympic world to carry him to the top job in the IOC.

The 59-year-old German lawyer on Thursday became the first declared candidate in the race for president of the IOC, heralding the start of a four-month campaign to succeed Jacques Rogge at the helm of the multi-billion-dollar Olympic movement.

Bach, an IOC vice-president, has been considered the front-runner among a possible field of a half dozen candidates. A former Olympic gold medallist in fencing, he has held several influential positions in the IOC since joining in 1991.

Rogge, who succeeded Juan Antonio Samaranch in 2001, steps down in September after 12 years as leader of the International Olympic Committee. THE ASSOCIATED PRESS

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Shelley Verkerk, Wasaga Beach

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Horoscopes

♈ Aries
March 21 - April 20
The planets suggest you will find yourself at odds with the accepted way of doing things today. Even if it causes you financial hardship, you will fight on the side of what you believe is right. Good for you.

♉ Taurus
April 21 - May 21
Today's solar eclipse in your birth sign means you can't put off what needs to be done. What you start over the next 24 hours will pay dividends for the next 24 months!

♊ Gemini
May 22 - June 21
You will need to make some difficult decisions today. The important thing is that once you have decided on a certain course of action, you see it through to the end.

♋ Cancer
June 22 - July 23
There are so many opportunities in your life right now that you may find it hard to decide what to do first. But decide you must, and quickly. The last thing you need now is to be trapped by indecision.

♌ Leo
July 24 - Aug. 23
Today's solar eclipse means a new start in your career or vocation is not just possible but desirable too. If your present position does not satisfy you, now is the time for a change.

♍ Virgo
Aug. 24 - Sept. 23
Your life will change for the better over the next few days. What matters even more though is that your attitude is changing: You no longer attach so much importance to things of a material nature. Good.

♎ Libra
Sept. 24 - Oct. 23
Most things change slowly but occasionally you get the chance to change things quickly and today's eclipse makes this the ideal time to make a quantum leap. Change your outlook and your world.

♏ Scorpio
Oct. 24 - Nov. 22
If a relationship has been going through a tough time of late then today's eclipse will bring matters to a head. A new start is possible but you both have got to want it.

♐ Sagittarius
Nov. 23 - Dec. 21
Cosmic activity in the work and wellbeing area of your chart suggests you are thinking of changing your daily routine, maybe in quite dramatic ways. And why not? Change is good.

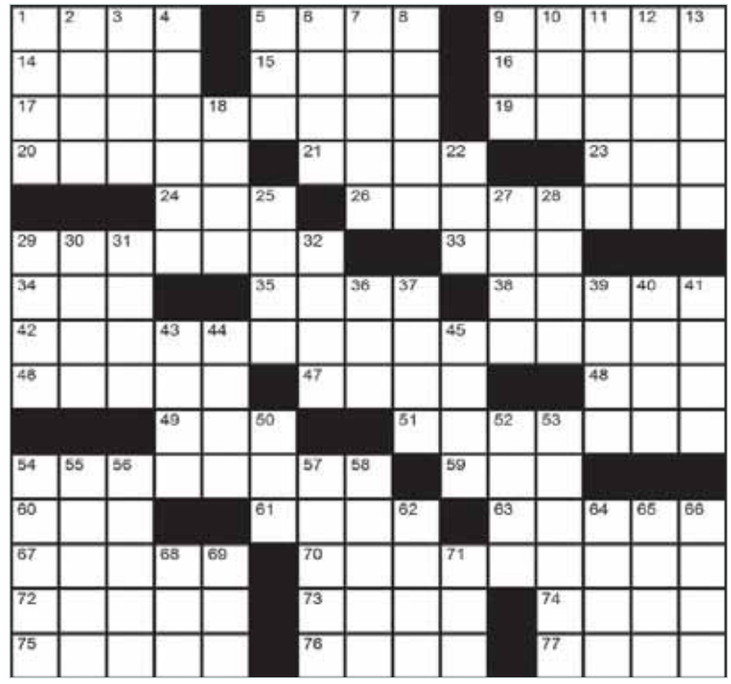
♑ Capricorn
Dec. 22 - Jan. 20
You should be having the time of your life right now and if that is not the case, it can only be because you are letting the past hold you back. Today's eclipse urges you to be bold.

♒ Aquarius
Jan. 21 - Feb. 19
Do not, repeat not, interfere in other people's private affairs today — and don't let other people interfere in your private matters either. You may think you know best, and maybe you do, but it won't change a thing.

♓ Pisces
Feb. 20 - March 20
Life has been a bit predictable of late but as from today things should get a lot more interesting. If you have not yet made any social plans for the next few days then make them now. SALLY BROMPTON

Crossword: Canada Across and Down

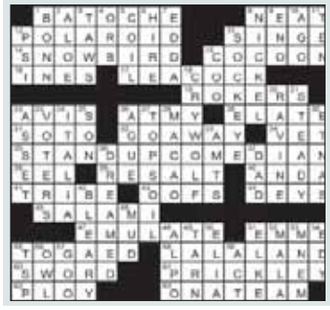
BY KELLY ANN BUCHANAN



Across
1. "En garde!" blade
5. Cartoonist, Al __
9. Big divide
14. __ Strauss & Co.
15. Churchyard = God's __
16. Cheap Trick's "I Want __ Want Me": 2 wds.
17. The Band's "Acadian __"
19. Mount in the Yukon, Canada's highest
20. Syllable-singing system
21. Prod
23. Annoy
24. __. number
26. "The Great Gatsby" (2013) extras
29. Canadian star of "Castle", Nathan __
33. City of Brazil, with Paulo
34. Time period
35. Shreds
38. Prefix with 'red'
42. "The Great Gatsby" (2013) setting: 2 wds.
46. Wayne Newton, __. __ Vegas
47. Cart along
48. Hawaiian ornamentation
49. By way of
51. Green Gables character
54. Greg __, Premier of Manitoba
59. Vertical opposite [abbr.]
60. Diminutive suffix
61. ___ day
63. Cold shoulder it
67. Barenaked Ladies song: "__ Me"
70. William and Kate, Duke and Duchess of __
72. Toronto-born magician/skeptic, The Amazing __
73. 'Y' of YSL
74. Zippo
75. Up to now: 2 wds.
76. 'Pleisto' suffix (Geological epoch)
77. Hold

Down
1. Antiquities
2. But: Spanish
3. Malefic
4. __ Tower
5. Canuck priv. sector union
6. _ __ in the wheel
7. Non-believer's need
8. Bike part
9. Four-__. engine
10. Owl's question?
11. The Adventures of __ March (Saul Bellow novel)
12. "War" singer Edwin
13. Some scribes
18. Cab
22. Volkswagen slogan, __ Auto.
25. Natalie Imbruglia hit
27. Hurt
28. Bridge: French
29. George Orwell's Animal __
30. Composer Mr. Stravinsky
31. Loyal, to a Scot
32. Poetically approaching
36. School org.
37. Part of a triathlon has to be what?
39. Satiate
40. Careen
41. Largest continent
43. Sitarist, __ Shankar
44. "The cheque __ the mail.": 2 wds.
45. Valley where David slew Goliath
50. In the past
52. Lion's call!
53. Saint John, NB's __ Oil
54. Prefix meaning 'Above'
55. Saint __ Mountains (Range for #19-Across)
56. Rocker Mr. Kravitz
57. Britannica, e.g.
58. Steal, archaically
62. Good-bye to God
64. Scent, States-style
65. Tip to 'tion' (Car's key spot)
66. Rock's __ Purple
68. In-a-row letters
69. Chart-topper
71. Mad Cow Disease letters

Yesterday's Crossword



Sudoku

How to play
Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved.

8							4	9
4	2		9		7			1
3				1				
	3				1			
9		4				5		8
			7				6	
				8				3
7			5		6		2	4
2	6							5

Yesterday's Sudoku

9	7	1	8	6	4	3	5	2
4	6	8	5	2	3	9	1	7
2	3	5	1	9	7	6	4	8
5	4	7	9	1	6	8	2	3
1	9	3	2	7	8	4	6	5
8	2	6	4	3	5	1	7	9
7	8	4	6	5	9	2	3	1
6	5	2	3	8	1	7	9	4
3	1	9	7	4	2	5	8	6

Today
19°/9°
Rain
90%

Saturday
16°/5°
Showers
70%

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GIVING KIDS A SPORTING CHANCE IN OTTAWA

In 2012, the Ottawa chapter of Canadian Tire Jumpstart helped almost 4,000 local kids "get in the game" through direct individual funding for families in need and through its Community Development Programs in partnership with the City of Ottawa, Christie Lake Kids, YMCA and the Boys and Girls Club.

The Boys and Girls Club and the Ottawa Police continue to offer two competitive sports programs in partnership with Canadian Tire Jumpstart.

The Police Athletic League (PAL) Ball Hockey program is an indoor ball-hockey league for 160 boys and girls ages 6 to 18. Another 600 kids between the ages of 13 and 18 take part in PAL Basketball, a structured basketball league with no fees attached.

"Thanks to Canadian Tire Jumpstart, the Police Athletic League has the ability to offer barrier-free access to recreational programs in the City of Ottawa," says PAL manager Tim Boisvert.

Participants for both programs come from the local Boys and Girls Clubs and from other not-for-profit groups and community health centres, whose families are financially disadvantaged and who live in high-risk neighbourhoods.

This is the third year Jumpstart has funded the ball-hockey league, with an investment for equipment and transportation. "The impact on the youth who take part is amazing," says Boisvert. "It's wonderful to be able to offer this type of programming to these kids."

JUMPSTART DAY EVENTS

Saturday, May 25, is Jumpstart Day. Many Canadian Tire Retail stores across Canada are planning fun activities to help raise money for their local community, such as charity barbeques, GoClean waterless car washes, and other fun games. Visit your local Canadian Tire store on May 25 to help kids in your local community "get in the game."

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SPORTING CHANCE

Jumpstart

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What kid doesn't love to swim, dance or play soccer, basketball, baseball or hockey? Not only are those activities fun, but research also shows that physical activity and access to sports for children leads to increased self esteem, strong leadership skills and improved school performance.

The reality is that one in three Canadian families can't afford to enrol their sons and daughters in sport and recreational programs. That's where Canadian Tire Jumpstart comes in. The national charitable program is making a real difference in the lives of young kids from age four to 18, and its annual May Red Ball Campaign contributes to those efforts. The campaign's slogan, "Together we can help all kids play," couldn't be more apt.

In return for a $2 donation at any Canadian Tire Retail, Sport Chek, Atmosphere, Mark's or Canadian Tire Gas+ store, customers will receive a mini red volleyball or soccer ball throughout May. One hundred per cent of donations go directly to help deserving kids in each store's community participate in organized sport and recreation.

Since Canadian Tire Jumpstart launched in 2005, it has helped more than 570,000 (and counting) kids take part in 73 different activities. "Our vision is more than getting children involved in sports and recreation—it's to have a country where all kids have a chance to fulfill their dreams," says Johnny Misley, the President of Canadian Tire Jumpstart Charities.

Jumpstart is unique in its ability to work in every community across Canada, with 332 local chapters built on the support from volunteers. These chapters work closely with more than 2,600 community partners to identify families with financial needs whose children would benefit from the programs. Jumpstart Ambassador and Olympic gold medalist Rosie MacLennan explains, "there are so many benefits to participating in sports, from gaining social skills to building great friendships. All kids should have this opportunity, which is why I believe in the power of Jumpstart."

This year Jumpstart is proud to welcome Sport Chek and Atmosphere stores, to the family. Since these two banners came on board in January, they have raised more than $550,000 alone. Also, again this year we have support from a partner beyond the enterprise family Pita Pit who will also be offering Jumpstart red balls in exchange for a $2 donation.

"We're giving children the chance to learn life skills, create lasting friendships and fulfill their dreams," says Misley. "That's the power of sport."

For more information, visit jumpstart.canadiantire.ca or call 1-877-616-6600.

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